



**FIGHTING CANCER WITH
HOPE, COURAGE AND
STRENGTH!**

TABLE OF CONTENTS



<u>WORDS OF ENCOURAGEMENT</u>	01
<u>SWASTH MAHILA SWASTH GOA</u>	02
<u>STUMP CANCER WOMEN'S CRICKET TOURNAMENT</u>	03
<u>CANCER CAMP AT KIRBY PLACE</u>	04
<u>RGCI EVENT</u>	05
<u>NATIONWIDE CELEBRATION OF FOUNDER'S BDAY</u>	06
<u>CHRISTMAS CELEBRATIONS AT AIIMS & PUNE</u>	08
<u>SCREENING CAMP AT SHEOWS OLD AGE HOME</u>	09
<u>SURVIVOR STORY</u>	10
<u>YOUWEFAN</u>	11
<u>QUIZ WHIZ</u>	12
<u>MYTH BUSTERS</u>	13
<u>YWC SCHOLARSHIP PROGRAM</u>	14
<u>UPCOMING EVENTS</u>	15

Words of Encouragement

Dear YouWeCan Family,

As we step into the closure of 2023, I'm filled with immense pride and gratitude for the incredible journey we've embarked on together through YouWeCan. December has been particularly special, as our foundation intensified its efforts in the fight against breast cancer and in bringing rays of hope to children battling cancer.

Our on-ground activities this month, aimed at promoting breast cancer awareness, have been a testament to our collective resolve. From organizing educational workshops to conducting screening camps, we've taken significant strides in empowering women with knowledge and access to early detection. Witnessing the community come together, support each other, and take proactive steps towards health has been truly inspiring.

But perhaps what touches my heart the most is the unwavering spirit of the young warriors battling cancer. In our interactions, their courage, resilience, and infectious smiles remind us of the sheer strength of the human spirit. Our events for these brave hearts were not just about spreading cheer; they were a platform to celebrate their incredible journeys and to remind them that they are not alone in this fight.

I also want to extend a heartfelt thank you to all the fans and supporters who took part in various social initiatives on my birthday. Your efforts and contributions have immensely bolstered our mission, adding strength and reach to our cause.

As we conclude this year, I am reminded that our mission at YouWeCan is far more than a campaign; it's a movement fuelled by compassion, commitment, and the relentless pursuit of a healthier tomorrow. Let us continue to stand united, spreading awareness, hope, and love, as we stride into the New Year with renewed determination.

Stay strong, stay hopeful.

Yuvraj Singh



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Swasth Mahila Swasth Goa: Screening 92,221 Women for Breast Cancer Marks a Monumental Leap Towards Health and Resilience

We're immensely proud to announce a significant milestone in our "Swasth Mahila Swasth Goa" initiative. In the beautiful state of Goa, we have successfully screened 92,221 women for breast cancer. This achievement marks a monumental leap towards our goal of reaching 110,000 women, significantly advancing women's health and resilience in the region.

As this project nears its completion, the impact on breast health awareness and early detection has been profound. Our efforts have led to the identification of 48 brave women who are battling breast cancer. Remarkably, 45 of these women are now receiving treatment, a testament to the hope and resilience at the core of our mission.

Looking forward, we see this initiative leaving a lasting legacy in the field of women's health. We extend our heartfelt thanks to everyone who has joined us on this journey, a journey that celebrates health, resilience, and the power of community.



Stump Cancer Women's Cricket Tournament: Empowering Athletes, Advocating Health and Inspiring Change

YouWeCan recently organized the Stump Cancer Goa Women's Cricket Tournament on December 9th, 2023. This event saw eight teams of talented and determined athletes come together to not only play cricket but also to raise awareness about breast cancer as part of the "Swasth Mahila Swasth Goa" campaign. The tournament was graced by the Honourable Health Minister of Goa, Mr. Vishwajit Rane, whose presence underscored its importance.

The success of the tournament is a clear indicator of the commitment and spirit of all those involved – athletes, supporters, and esteemed guests alike. Their energy and sportsmanship have further fueled our dedication to women's health causes.

Our founder, Yuvraj Singh expressed his appreciation for the event, "I am very happy to see women coming out in large numbers to support the cause of breast cancer awareness, using the game of cricket as a medium to create ground level involvement. Our foundation is committed to creating a lasting impact through the initiative Swasth Mahila, Swasth Goa and we look forward to accomplishing our goal of scanning 1,00,000 women in the state of Goa very soon. My best wishes to all participants and those who worked behind the scenes to make this event a success."

Reflecting on the tournament, we are excited about future initiatives that merge the vigor of sports with our mission to foster a healthier, more aware society. This all-women cricket tournament stands as a symbol of empowerment and awareness, making a significant impact in the journey towards better women's health.



Shining Light in Adversity: YouWeCan's Breast Cancer Camp Illuminates Hope in Kirby Place Slum

In the Kirby Place slum, nestled within the Delhi Cantonment Army area, life's daily challenges often cast a long shadow over the essential matter of health. Here, amidst a backdrop of hardship and limited resources, YouWeCan established a breast cancer screening camp, transforming it into a symbol of hope and resilience. This initiative was not just a medical intervention; it was a beacon of compassion and care in an area where such resources are scarce.

The absence of basic amenities like electricity in Kirby Place posed significant challenges. However, undeterred by these obstacles, our dedicated team at YouWeCan innovatively utilized solar-powered tools to conduct breast cancer screenings. This approach not only overcame the logistical challenges but also symbolized our commitment to bringing advanced healthcare technologies to the most underserved communities.

The breast cancer screening camp at Kirby Place also fostered a sense of community. It brought together volunteers, healthcare professionals, and local residents in a united effort to combat a common adversary. The solidarity and support shown by everyone involved were heartening and reinforced the notion that collective effort can bring about significant change, even in the most challenging environments.

The impact of this camp extended far beyond the immediate benefits of early cancer detection. It served as a profound demonstration of resilience and commitment, showcasing our unwavering dedication to making a tangible difference in the lives of those who reside in Kirby Place. The screening camp became a place where hope was restored, where the community members felt seen and cared for, and where the message was clear, no one should be left behind in the fight against breast cancer.

Our team engaged closely with the residents, providing education and awareness about breast cancer alongside the screenings. This educational component was crucial, as it empowered the women with knowledge about early signs and the importance of regular check-ups, potentially saving lives by encouraging timely medical intervention.



RGCI Event: Celebrating our Founder's Birthday with Courageous Warriors

A special event happened at the Rajiv Gandhi Cancer Institute during a celebration for Yuvraj Singh's birthday, who is the founder of YouWeCan. This event was a way of honoring and appreciating people who are bravely facing cancer and their families. It was not just a regular celebration but a day filled with joy and support for those going through tough times.

The atmosphere during the event was really positive, making it a comfortable and happy space for everyone there. It aimed to give a break from the difficulties of dealing with cancer and instead focused on shared moments of happiness and laughter. The YouWeCan team put in extra effort to make sure every detail of the day contributed to making it a positive and supportive experience.

During the celebration, special gifts were given out to show love and solidarity. These gifts were more than just presents – they were a way of saying, "We are here for you in this tough journey." The YouWeCan team organized different activities for both kids and adults, giving them a chance to have fun and forget about illness for a while. Games, music, and interactive sessions created an atmosphere full of joy, making it a day beyond the ordinary. The event highlighted YouWeCan's commitment not only to medical support for cancer but also to the emotional well-being of the people going through it. It showed the power of community support and how compassion can make a big difference in the journey of healing.



Nationwide Celebration of our Founder's Birthday

Yuvraj Singh's birthday wasn't just a personal celebration for the cricket legend, it was a nationwide day of giving back! Fans across India marked the occasion with a wave of charitable activities, proving that Yuvraj's spirit of resilience and sportsmanship inspires not just on the field, but also in everyday life. Fans organized blood donation camps, offering a vital gift of life in Yuvraj's name. Youngsters from Shoolini University sold cupcakes and raised funds to help the underprivileged. The aroma of sweetness mingled with the spirit of service, creating a heartwarming scene of youthful dedication. As India celebrates yet another year of Yuvraj Singh, one thing is clear: his legacy extends far beyond the cricket pitch, etched in the hearts of fans who continue to spread his message of hope and humanity. Yuvraj Singh, who himself battled cancer with unwavering determination, has become a symbol of hope and inspiration for millions. His birthday, therefore, became a beacon of unity and compassion, proving that even the smallest act of charity can make a big difference.



Nationwide Celebration of our Founder's Birthday



Christmas Celebrations: A Day of Magic, Music and Love!

The Christmas festivities at All India Institute of Medical Sciences (AIIMS), Delhi were a heartwarming occasion, uniting young cancer warriors, families and medical staff in a tapestry of joy and optimism. AIIMS Pediatric Unit echoed with carols and laughter, enveloping everyone in the festive spirit.

Santa's arrival brought immense delight to the children, while a magician captivated all with awe-inspiring tricks, providing respite from cancer treatment's challenges. Beyond celebrations, these events showcased the strength of unity and compassion.

Moreover, YouWeCan in collaboration with Rising India, organized an interactive counseling session for caregivers of cancer patients, offering invaluable support and guidance. Addressing mental health concerns and providing one-on-one sessions highlighted the commitment to holistic care. Additionally, celebrations at Bharti Hospital, Pune, featured engaging activities extending the festive cheer further.

At YouWeCan, our commitment goes beyond medical aid. We strive to support emotional well-being, foster community and spread joy. Our mission is to nurture the spirits of those affected, ensuring they never navigate this journey alone.



Empowering Elders: Breast Cancer Screening Camp for Women at Sheows Old Age Home, Garh Mukteshwar

In a heartwarming collaboration with Sheows Old Age Home at Garh Mukteshwar, a recent breast cancer screening camp unfolded as a beacon of transformative healthcare for elderly women. Elderly women, due to factors such as age-related changes in breast tissue and hormonal fluctuations, are indeed at an elevated risk for breast cancer. This initiative, thoughtfully recognized the urgency of addressing this vulnerability and aimed to bridge the gap in healthcare accessibility.

Within the welcoming atmosphere of care and compassion, We engaged with the elderly participants, emphasizing not only the medical aspects of screening but also the emotional and psychological support.

This collaborative effort between Yuvraj Singh Foundation and Sheows Old Age Home exemplified the power of community-driven healthcare solutions. It showcased how a targeted and empathetic approach can not only address immediate health concerns but also strengthen the fabric of communal support, ultimately contributing to the well-being of every cherished member. Through initiatives like these, communities can stand united in their commitment to ensuring that healthcare remains a shared responsibility, fostering a culture where everyone, regardless of age, is valued and cared for.



Survivor Story

My name is Sanjay Chaudhary. I work in a private company and my wife is a home maker. Everything was going well until our son, Abhi, began suffering from fever after every 15 days. After consulting a doctor, we came to know that his immune system was compromised which was leading to these frequent fevers. Seeing that his condition was not improving we were referred to the PGICH where we were informed that Abhi had Acute Lymphoblastic Leukaemia and needed to undergo a challenging and lengthy chemotherapy process.

During our time at the hospital we discovered the Yuvraj Singh Foundation, an organization providing financial and educational support to families unable to bear the financial burden of their child's treatment. They became our unwavering support system, offering both medical and educational assistance. Abhi loves playing cricket and currently he is studying in Prakash Convent Senior Secondary School in Aligarh. Abhi's treatment spanned two years, during which he showed remarkable strength and determination. Now under the care of PGICH, Abhi's treatment is progressing well, with routine checkups every two months. Despite facing health challenges, he remains dedicated to his studies and continues attending school.

I am immensely grateful to Yuvraj Singh and his foundation for their invaluable initiatives for people like us. They have consistently brought a ray of hope into the hearts of parents who face financial challenges while struggling to cope with their child's health issues. Abhi's recovery and academic progress would not have been possible without their support. We can't thank the Foundation enough for being a pillar of strength during our family's challenging journey. I pray and hope that many more families and children will find their saviour in the Yuvraj Singh Foundation



Abhi Chaudhary



YouWeFan

Whether you're enchanted by his explosive batting, mesmerized by his impeccable fielding, or inspired by his indomitable spirit, this fan page is the perfect hub for celebrating the remarkable journey of one of the game's most iconic players.

Straight from Sudipta Saha's Heart!

Please introduce yourself:

Name: Sudipta Saha

Age: 25

Location: Ashok Nagar, West Bengal

Occupation: Student

1. Which is your most memorable Yuvi's moment?

On September 19, 2007 a cricketing spectacle unfolded which got etched into the history of Cricket. Yuvraj Singh, in a display of sheer power, hit (06) consecutive sixes in an over against England's Stuart Broad. This was an incredible Yuvi moment. There are also many more adorable memories like the 2011 ODI World Cup, His comeback from Cancer and playing a dashing innings of 150 runs in an ODI against England.

2. What are the first 3 words that come to your mind when you hear "Yuvraj Singh" ?

- Fighter
- YouWeCan
- True Patriot

3. What is the most interesting fact that you know about Yuvraj Singh, that others may not know ?

Yuvi gave a cute & an interesting nickname - "SHAANA" to Rohit Sharma, the current CAPTAIN of INDIA. Yuvi was also the male crush of Rohit Sharma in his early cricketing days.

4. What's something you would love to ask Yuvraj Singh when you meet him ?

I would ask him "How did you feel when you signed your first autograph?"

5. If Yuvraj Singh had a superpower, what do you think that would be ?

Yuvraj Singh is a real fighter. He played for our country while fighting Cancer inside & won the Man of the tournament award in the 2011 world cup. THIS INDEED IS A SUPER POWER.

6. Apart from the work already being done at YouWeCan, what other innovation would you like to see ?

I wish to see more activities being done through YWC Fashion .

7. What is the one message you'd like to give Yuvraj Singh ?

"Keep inspiring us. Loads of love to you, Mr. Sixer King"



Quiz Whiz

What is the primary cause of cervical cancer?

- A. Genetic factors
- B. Human papillomavirus (HPV)
- C. Smoking
- D. Dietary habits



Which of the following is a common symptom of cervical cancer?

- A. Persistent cough
- B. Unexplained weight loss
- C. Joint pain
- D. Abnormal vaginal bleeding

What vaccine is available to prevent infection with the most common types of HPV that cause cervical cancer?

- A. Influenza vaccine
- B. MMR vaccine
- C. Tetanus vaccine
- D. HPV vaccine



Which stage of cervical cancer involves the spread of cancer cells to distant organs?

- A. Stage I
- B. Stage III
- C. Stage II
- D. Stage IIII





Myth Busters

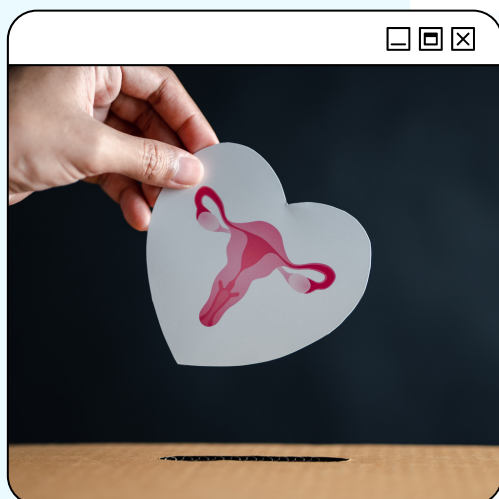


Myth 1: Only older women are at risk of developing cervical cancer.

Fact: Cervical cancer can affect women of any age, and early detection through screenings like Pap smears is crucial for all women's health.

Myth 2: HPV infection is rare, so there's no need to worry about cervical cancer.

Fact: Human papillomavirus (HPV) is a common infection, and some types can lead to cervical cancer. Regular screenings and vaccination can help prevent HPV-related cervical cancers.



Myth 3: If you don't have any symptoms, you can't have cervical cancer.

Fact: Cervical cancer may not cause symptoms in its early stages. Regular screenings, such as Pap smears, can detect abnormalities before symptoms appear.

YWC Scholarship Program

We at YouWeCan Foundation understand the financial drain on the family when a child goes through cancer. For some families, education of the child takes a back seat because of financial constraints.

Our Foundation not only supports children who have gone through cancer, we also have a Scholarship program where financial assistance is provided to all cancer survivors. This support is provided irrespective of the age of the student and we are proud and happy to support survivors who want to pursue masters or PhD.

To avail this scholarship, the annual income of family should be less than 2 lakhs. We will transfer the fee directly to the school/ college. Amount given is upto Rupees 25 thousand per year. The scholarship can be availed again in the next year as well.



Preet with his mother

Words of Gratitude

My name is Sonali. My son Preet Sancheti is A .L.L patient in Bharti hospital. Right now all is well. Preet is recovering and attending school.

YouWeCan Foundation has helped me a lot for his education , so big thank you. YouWeCan Foundation, thank you very much, you have given Preet a chance to complete his studies.

I am sure you will give the same chance to many more.

UPCOMING EVENTS

YouWeCan Foundation Day

Go Happy Club (Oral Cancer Awareness session)



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