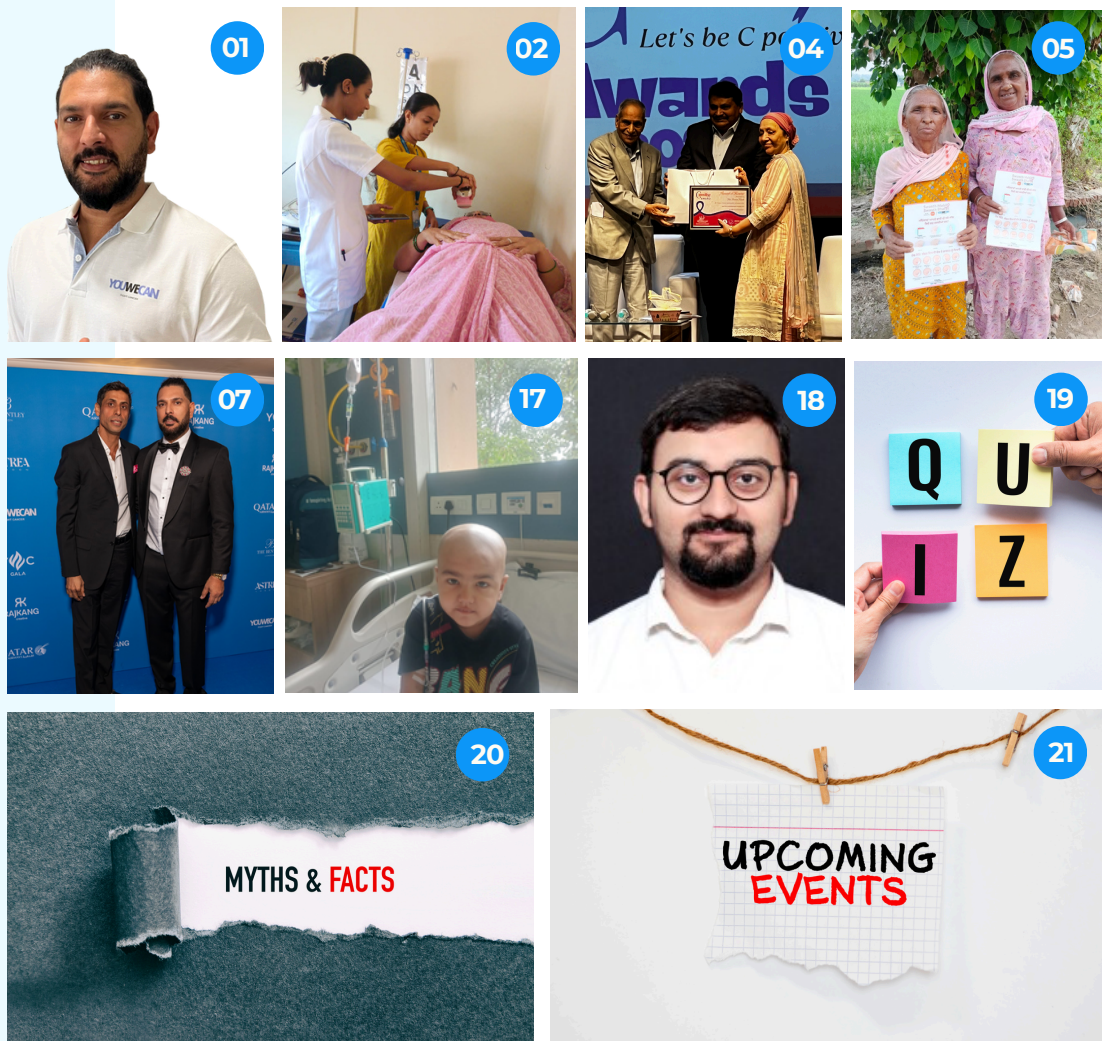




**One night. One cause.
Countless lives.**

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Words of Encouragement

Dear Warriors,

When I look back at my journey, I realise it was never just about fighting cancer. It was about finding purpose through that fight. About turning pain into something powerful. Something that could help others stand up, speak up, and take charge of their health.

Over the years, I have seen how powerful it is when people come together. Not just at events or on big nights, but in quiet moments across the country. A woman walking into a screening camp for the first time. A child holding on through treatment with unshakable courage. A volunteer giving their time to bring healthcare to places most of us will never see.

That is what YouWeCan has always been about. Not charity, but solidarity. Not spotlight, but action. Not just talking, but doing.

The journey is far from over. But every life we touch and every life we save is a reminder that we are on the right path. This fight is not mine alone. It belongs to every survivor, every supporter, every person who believes that health is a right, not a privilege.

So let us keep showing up. Let us keep standing together. And let us keep proving that together, we can.

Yuvraj Singh

That is what YouWeCan has always been about. Not charity, but solidarity. Not spotlight, but action. Not just talking, but doing.



One Night. One Mission.

The YouWeCan Gala 2025, London.



London's Park Lane has seen many glittering evenings, but few carried the weight of purpose and emotion like the YouWeCan Gala hosted by Yuvraj Singh on July 8, 2025. Held at the iconic Grosvenor House, the event was far more than a fundraiser. It was a night where cricket met compassion, where legendary names came together not for a match but for a mission—to fight cancer and give countless Indians a fairer shot at life.



From the moment guests began arriving, it was clear this was no ordinary evening. The entire Indian cricket team, fresh off a series-defining Test at Edgbaston, walked in together to thunderous applause. At their helm was Shubman Gill, whose back-to-back centuries and calm leadership had won praise across the cricketing world. He was met at the grand staircase by a room full of admirers, players, and friends. Gill wasn't just a guest; he was a symbol of the next generation stepping up for a cause that has long been personal for Yuvraj and his foundation.



The roster of attendees read like a dream lineup. Sachin Tendulkar, Virat Kohli, Rishabh Pant, Gautam Gambhir, Brian Lara, Chris Gayle, Kevin Pietersen, and many others gathered in solidarity. For one night, rivalries faded and friendships took center stage. There was laughter, storytelling, playful jabs, and also an unspoken sense of responsibility. Each of them knew that their presence here mattered far beyond the four walls of the ballroom. Yuvraj, who had been quietly working behind the scenes to make the night a success, stood tall not just as a former cricketer or cancer survivor, but as a unifying force who had turned his pain into purpose.





The gala raised over £1 million for the YouWeCan Foundation's cancer initiatives. Every paddle raised during the evening's auction carried meaning. The biggest individual bid came from Rishabh Pant, who put down £17,000 to present an award to Jasprit Bumrah, drawing laughter and admiration from teammates and guests alike. The bidding wars weren't just entertainment. They were moments of camaraderie and commitment, where personal generosity merged with collective goodwill. Table prices soared to as high as £12,450, a testament to the kind of faith and respect the foundation commands globally.





But beyond the numbers and the glitter, the night's real magic came from its stories. Sachin Tendulkar spoke about the eve of the 2011 World Cup opener and how Yuvraj had quietly promised to win it for him. The room, already filled with admiration, listened in near silence as Tendulkar recalled how that promise turned into performance, and performance into legacy. Virat Kohli, equal parts reflective and witty, shared how much he had learned from Yuvraj in his early years. He reminded everyone that behind every highlight reel is a human story of struggle, growth, and deep personal connection. And with a trademark grin, he couldn't resist joking about his beard-touch-ups in retirement, earning laughter and nods from fans and friends alike.



The awards that followed were more fun than formal. Pant was awarded for being the last to board the team bus. Kuldeep Yadav was recognised for attributing everything to “bad times.” Ravindra Jadeja got his moment for always pushing for DRS reviews, and Mohammed Siraj was teased for his passionate LBW appeals. Shubman Gill demonstrated one of Siraj’s appeals with exaggerated flair, reducing the team table to tears of laughter. Even Gautam Gambhir wasn’t spared. Yuvraj, in full form as host, joked about needing a separate auction to make Gambhir smile, momentarily breaking the stoic demeanour of the usually reserved coach.



The evening’s emotional peak belonged to Yuvraj himself. He opened his remarks with humility, thanking everyone who had shown up not just for him, but for every person whose life could be changed because of their support. He spoke about why the fight against cancer still needs attention, why early detection still saves lives, and why even after all these years, the work of the foundation is only just beginning. He thanked the current Indian team for standing by the cause, and offered special praise for Shubman Gill, saying he was proud of the way the young captain had stepped up both on and off the field.



Throughout the evening, there was a shared sense of continuity. Generations of players sat side by side. Those who had built Indian cricket into a global force, and those now carrying that legacy forward. The stories they told weren't about centuries or titles. They were about trust, resilience, and what it means to lift others when the lights are no longer on you. The foundation's mission, to ensure that no one fights cancer alone, was no longer just Yuvraj's personal crusade. It had become a shared belief, amplified by the very people who once stood shoulder to shoulder with him in stadiums, and who now stood by him in service of something bigger.





Social media buzzed with photos and quotes from the night, including a now-viral moment between Sara Tendulkar and Shubman Gill that sparked fresh speculation among fans. But underneath the gossip and glamour was a deeper truth. Cricket has the power to go far beyond sport. The same people who inspire on the pitch can also lead off it, turning their influence into impact.

As the evening drew to a close and the chandeliers of Grosvenor House dimmed, the message remained vivid. The fight against cancer needs champions. Not just medical professionals or NGOs, but icons, institutions, and everyone with the courage to care. The YouWeCan Gala proved that when people come together not for headlines but for healing, remarkable things happen.





Yuvraj Singh has often said that surviving cancer gave him a second innings. What he's building with YouWeCan is an innings not measured in runs or trophies, but in lives changed. The Gala was not just a fundraising event. It was a celebration of that belief and a powerful reminder that when sport, spirit, and solidarity come together, there is no limit to what we can achieve.



Momentum Reignited: Expanding Reach and Impact Across Goa

July marked a significant step forward for the Swasth Mahila Swasth Goa (SMSG) project, with screening activities ramping up across both North and South Goa. With all screening devices fully assessed and operational, healthcare professionals and YouWeCan Foundation (YSF) staff took active charge across PHCs, CHCs, UHCs, and District Hospitals, reaching more women in their communities.

In a strong push to widen the program's reach, over 30 outreach camps were conducted at colleges, institutions, corporates, and small businesses, supplementing regular screenings at government health facilities and enabling access for women beyond the public health system.

Additionally, several previously postponed camps under the Mega Screening Camp initiative were successfully conducted during the month, with the remaining locations scheduled for August. This combined approach is helping the project regain momentum and bridge earlier gaps in field activity, ensuring continued progress toward our goal of early detection and cancer awareness across Goa.





Trustee Poonam Nanda Honoured with C-Positive Award

Mrs. Poonam Nanda, Founder & Trustee, YouWeCan has been honoured with the prestigious C-Positive Award by the Rising India Foundation and the Texas School of Mental Health. The award recognises her exceptional courage as a three-time cancer survivor and her continuous efforts to spread awareness about early detection and mental strength while battling cancer.

The C-Positive Awards are a unique initiative that aim to change the way society views cancer. Traditionally seen as a word that evokes fear and sadness, the letter “C” has now been redefined to represent Compassion, Comfort, Care, Courage, and Confidence. The awards honour individuals who have either personally faced cancer or contributed meaningfully to creating awareness and support systems in society.

Mrs. Nanda was recognised not only for her personal strength but also for her ongoing work to inspire others. Her dedication to spreading awareness, encouraging timely diagnosis, and supporting those in need has made a lasting impact especially among women who often delay medical attention.

The event brought together survivors, caregivers, doctors, and changemakers from across the country. Mrs. Nanda's presence and story stood out as a shining example of resilience, reminding everyone of the strength of the human spirit.

YouWeCan is proud to have a leader like Mrs. Poonam Nanda, who not only guides and mentors the team but also touches lives with her courage, kindness, and unwavering positivity.



Swasth Mahila Swasth Bharat Update: Impact from 15 States, One Goal – Early Detection

In partnership with Xiaomi India, our project continues to create ripples of awareness and action across 15 aspirational districts in India. This month, we screened over 1.49 lakh women and identified 2,205 suspected cases requiring further diagnosis.

Each screening is a step toward prevention, and each woman empowered is a life potentially saved.

- **Udham Singh Nagar, Uttarakhand:** A significant outcome from this district – 290 suspect cases from 10,000 women screened. Follow-up diagnostics have been prioritized.
- **Baran, Rajasthan:** In Baran, our team screened 10,000 women and found 42 suspect cases. Women here showed strong curiosity and courage in participating.
- **Virudhunagar, Tamil Nadu:** Rounding off with Virudhunagar, 81 suspects were identified out of 10,000 screened, showing the continued need for deep community engagement in southern districts.
- **Nuh, Haryana:** In Nuh, a region with limited access to health services, 105 women were identified as suspect cases among 10,000 screened. Our local team is actively working on follow-ups.
- **Wayanad, Kerala:** Despite its remote geography, Wayanad achieved 229 suspect detections from 9,010 screenings, a result of relentless awareness campaigns and local partnerships.
- **Moga, Punjab:** In the heart of Punjab, 10,000 women were screened in Moga, leading to the identification of 114 suspect cases. The community's growing trust in preventive healthcare has been inspiring.
- **Osmanabad, Maharashtra:** Our efforts in Osmanabad led to the identification of 107 suspects out of 10,000 women screened. Local health workers ensured smooth execution despite weather challenges.



- **Dahod, Gujarat:** A tribal district with unique healthcare challenges, Dahod witnessed the screening of 10,000 women, with 16 suspects. Low incidence, but awareness outreach remains critical.
- **Barpeta, Assam:** In Barpeta, 43 women were found with symptoms out of 10,000 screened. Engagement with tea garden communities was key to outreach.
- **Visakhapatnam, Andhra Pradesh:** Vizag maintained high momentum, with 133 suspects out of 10,000 screenings. The outreach campaign focused on underserved clusters.
- **Guna, Madhya Pradesh:** Guna saw 23 suspected cases through 10,000 screenings. Local ASHAs played a key role in mobilizing women and ensuring participation.
- **Bahraich, Uttar Pradesh:** One of the highest-impact districts this month, Bahraich saw 137 suspected cases from 10,000 screenings, highlighting the urgent need for regular check-ups.
- **Kalaburagi, Karnataka:** Kalaburagi registered the highest number of suspect cases – 388 out of 10,000 screened. A clear indication that continued efforts in awareness are vital.
- **Khammam, Telangana:** In Khammam, 173 women were found suspect during 10,000 screenings, demonstrating great community mobilization and consistent on-ground efforts.
- **Nadia, West Bengal:** An active district, Nadia recorded 324 suspects among 10,000 women, thanks to excellent support from local health authorities and volunteers.

Together, for a Healthier Tomorrow
Every number represents a woman who showed up,
took charge, and said yes to her health.

With Xiaomi India and local partners, we're not just
screening, we're saving lives, one district at a time.



Survivor Story

In Jind, Haryana, Anju is fighting the toughest battle of her life alongside her two-and-a-half-year-old son, Vansh. On February 12, 2025, Vansh was diagnosed with blood cancer, a moment that turned their world upside down. What were once days filled with laughter and the small joys of childhood have now become a routine of hospital visits, treatments, and constant worry. The financial strain of his treatment has only added to the emotional weight.

Amidst this struggle, the Yuvraj Singh Foundation stepped forward as a ray of hope. Their support has not only eased the financial burden but has also given Anju the strength to keep going. She often shares her gratitude, saying the foundation has been a source of courage in the darkest times. Vansh's journey is still ongoing. His tiny frame is enduring difficult treatments, yet he continues to show a resilience far beyond his years.

Through it all, Anju remains his pillar of strength, determined to see her son through this battle. Their story is a reminder of the power of compassion and how a helping hand can bring light even in the darkest chapters of life.



Vansh



YouWeFan

Whether you're enchanted by his explosive batting, mesmerized by his impeccable fielding, or inspired by his indomitable spirit, this fan page is the perfect hub for celebrating the remarkable journey of one of the game's most iconic players.

Straight from Chaitanya Moudgil's Heart!

Please introduce yourself:

Name: Chaitanya Moudgil

Age: 28

Location: Panchkula, Haryana

Occupation: Sr. Data Analyst, Shoolini University

1. Which is your most memorable Yuvi's moment?

His six sixes against England in the 2007 T-20 world cup.

2. What are the first 3 words that come to your mind when you hear "Yuvraj Singh" ?

- Left handed God
- Golfer
- Guide cum Mentor

3. What is the most interesting fact that you know about Yuvraj Singh, that others may not know?

He did a prank on Sourav Ganguly, then Indian captain regarding a Indian Team Press Conference

4. What's something you would love to ask Yuvraj Singh when you meet him ?

Where does he love to spend time more. Chandigarh or London ?

5. If Yuvraj Singh had a superpower, what do you think that would be ?

If Yuvraj Singh had superpower, he would have trained every youngster of India to stay fit.

6. Apart from the work already being done at YouWeCan, what other innovation would you like to see ?

I would love to see YouWeCan having more collaboration with Indian Universities.

7. What is the one message you'd like to give Yuvraj Singh ?

Paaji, Tussi great Ho!



Quiz Whiz

At what age should men start prostate cancer screening talks with their doctor?

A. 30 years

B. 40 Years

C. 55 Years

D. 50 Years



Who is at higher risk of prostate cancer?

A. Family History

B. Over 50 years of age

C. African Descent

D. All above



Which simple test is commonly used as an initial screening tool for prostate cancer?

A. Blood Test

B. Urine Test

C. MRI Scan

D. PSA (Prostate-Specific Antigen) Blood Test



Which ribbon color symbolizes all Prostate Cancer awareness?

A. Pink

B. Yellow

C. Blue

D. Lavender





Myth Busters

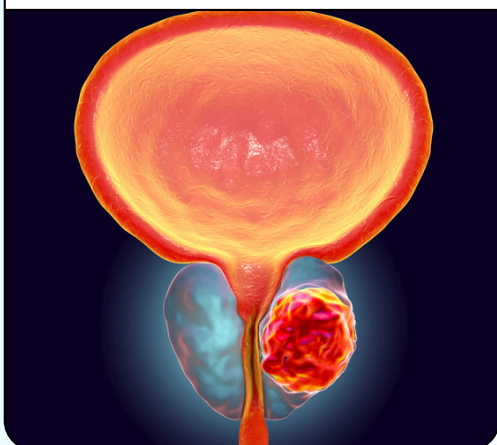


Myth 1: Only older men get prostate cancer.

Fact: While age is a major risk factor (most cases occur after 50), prostate cancer can affect younger men too — especially those with a family history or genetic risks.

Myth 2: Prostate cancer always means surgery or losing quality of life.

Fact: Not all prostate cancers need aggressive treatment. Many are slow-growing and can be managed with active surveillance, lifestyle changes, or minimally invasive therapies.



Myth 3: If I don't have symptoms, I don't have prostate cancer.

Fact: Prostate cancer often has no symptoms in early stages. That's why regular screening (PSA test, doctor check-ups) is so important.

Be a YWC Volunteer



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