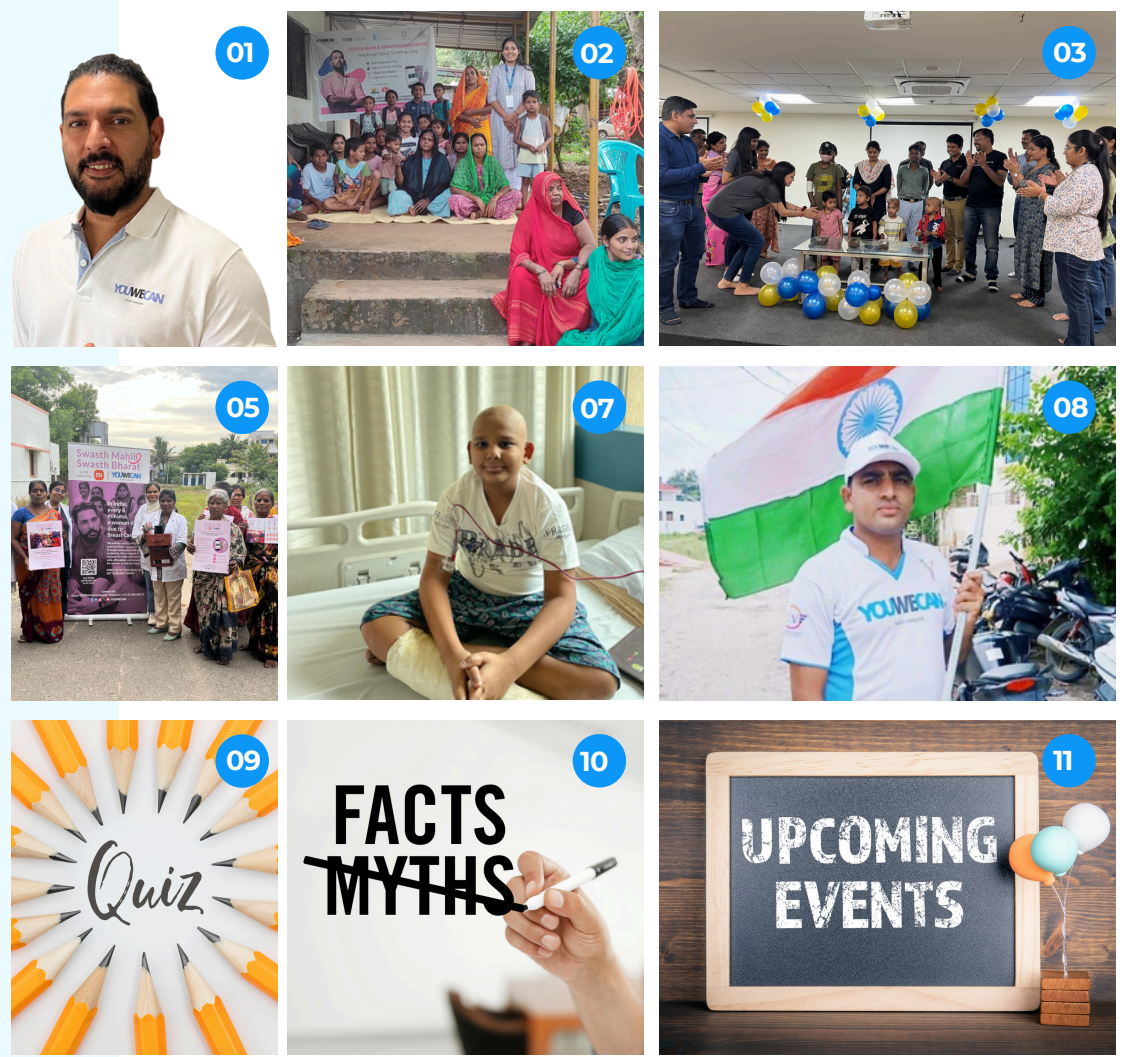




**Unstoppable women,
uniting to conquer cancer.**

TABLE OF CONTENTS



<u>WORDS OF ENCOURAGEMENT</u>	01
<u>SWASTH MAHILA SWASTH GOA</u>	02
<u>A DAY OF SMILES AND LAUGHTER: YOUWECAN AND S&P GLOBAL BRING JOY TO LITTLE WARRIORS</u>	03
<u>SWASTH MAHILA SWASTH BHARAT: EMPOWERING WOMEN, ONE DISTRICT AT A TIME</u>	05
<u>SURVIVOR STORY</u>	07
<u>YOUWEFAN</u>	08
<u>QUIZ</u>	09
<u>MYTH BUSTERS</u>	10
<u>UPCOMING EVENTS</u>	11

Words of Encouragement

Dear Readers,

Cancer changes your life in ways you can't imagine, but there's something more powerful that cancer can never take away—hope. At YouWeCan, we've always believed in the strength that comes from joy, from laughter, and from moments of togetherness. Our "Gift a Smile" initiative, in collaboration with S&P Global, embodies this spirit. The courage of these young warriors is unmatched, and their ability to find happiness in the toughest circumstances reminds me of my own journey.

When I faced cancer, I learned that every small victory, every smile, and every moment of laughter became a source of strength. Seeing the joy on the faces of these children, dancing and laughing, reminds me that hope is contagious. We're not just offering moments of happiness; we're planting seeds of resilience. These kids, just like I did, are learning that they can still find reasons to smile, no matter what life throws at them.

Together, with your support, we can continue to bring these moments to more little warriors, helping them realize that they are stronger than they know.

Stay strong, keep smiling, and remember—there's always hope.

Yuvraj Singh

When I faced cancer, I learned that every small victory, every smile, and every moment of laughter became a source of strength. Seeing the joy on the faces of these children, dancing and laughing, reminds me that hope is contagious.



Swasth Mahila Swasth Goa: Strengthening Women's Health

The Swasth Mahila Swasth Goa initiative is in full swing, with outreach, awareness activities, and screening camps happening across the state. Our dedicated team is working tirelessly to ensure regular progress checks at healthcare centers throughout Goa, building a stronger healthcare network for women.

During a recent visit to the PHC Cansaulim, Dr. Nikita and the SMSG team discussed upcoming camps with the nodal officer, focusing on how to increase patient visits to the OPD. The team also addressed equipment concerns, set up login IDs for two newly trained staff members, and enhanced training modules to improve community engagement. These steps are aimed at boosting breast cancer awareness and ensuring women across Goa have access to vital screenings.

Through these proactive efforts, the SMSG project continues to make steady progress, advancing its mission to improve women's health across Goa, one screening at a time. Stay tuned for more updates as we continue to make strides in the months ahead!



A Day of Smiles and Laughter: YouWeCan and S&P Global Bring Joy to Little Warriors

In a heartwarming initiative, YouWeCan Foundation, in partnership with S&P Global, recently filled the day of young cancer warriors and their brave parents with joy and laughter. Through the "Gift a Smile" campaign, the children, who are undergoing cancer treatment, were treated to a series of fun, refreshing activities that allowed them to escape from their daily challenges, even if just for a while.

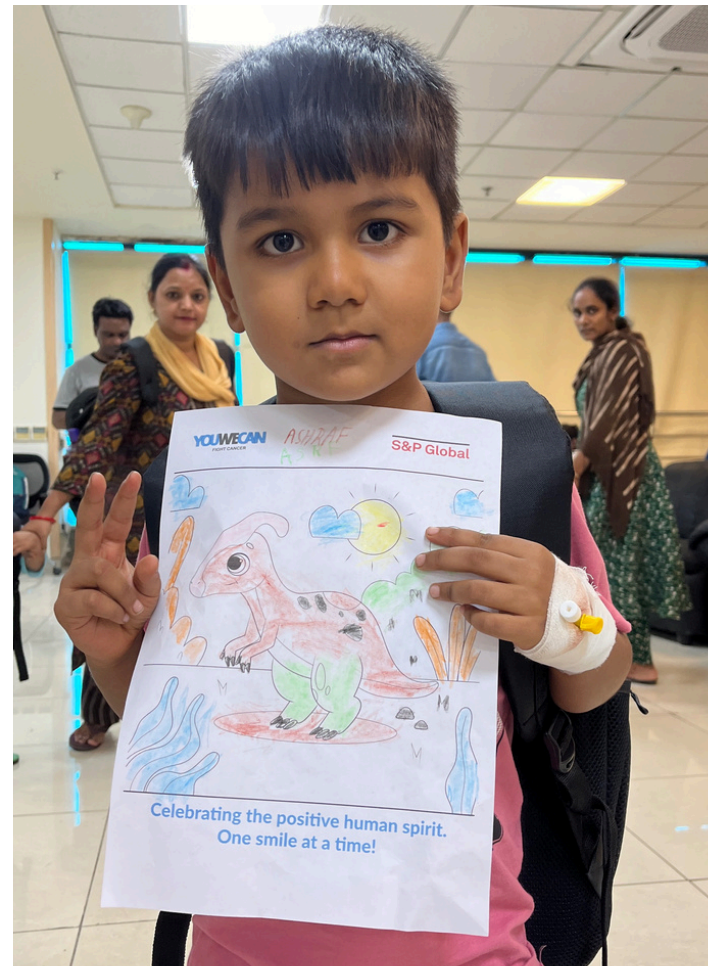
The day began with a warm welcome and swiftly moved into an enchanting puppet show, which had both kids and their parents laughing together. For a brief moment, the room was filled not with the usual sounds of worry, but with giggles and smiles, creating a space of pure joy.

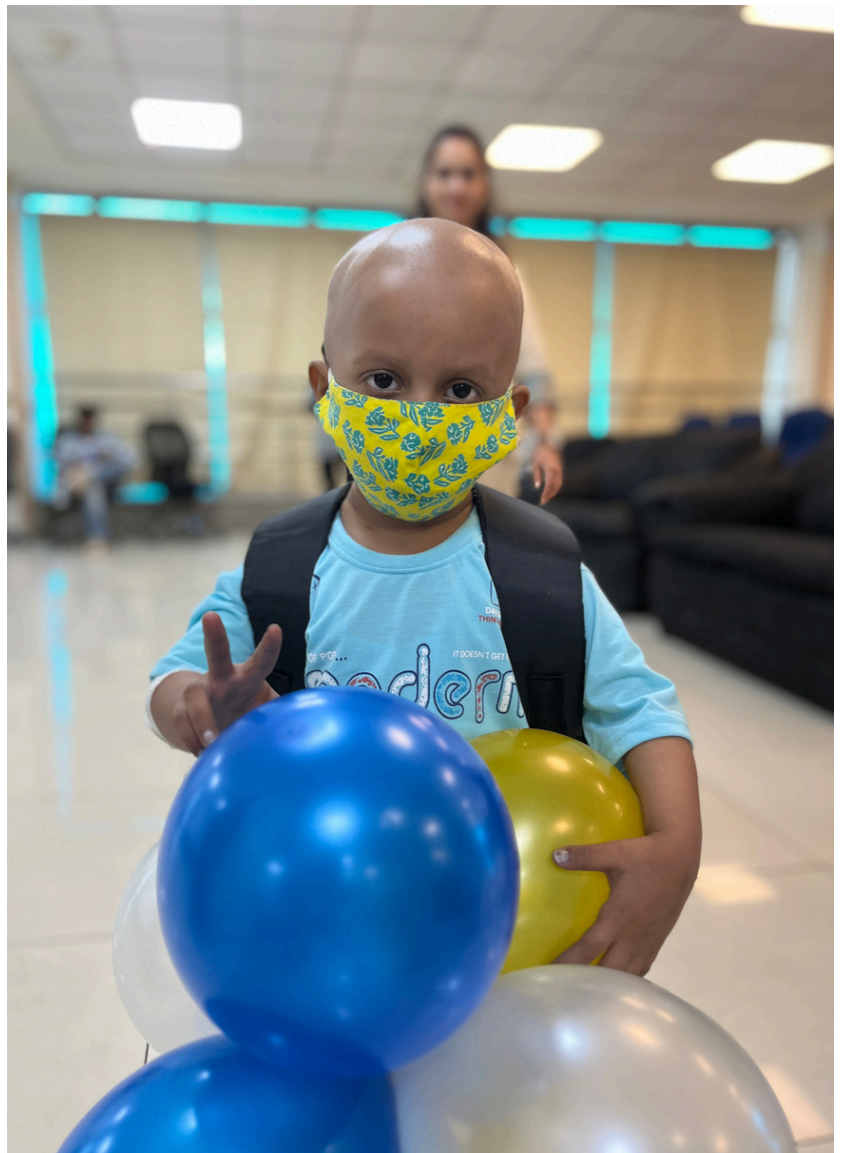
Adding to the fun, a beloved cartoon mascot took to the stage, inviting everyone to let loose and dance. Parents and children alike couldn't resist joining in, turning the room into a carefree celebration of movement, laughter, and life.

Then, the little ones got a chance to showcase their creativity during a coloring activity, which allowed them to express themselves freely. The highlight of the day came when the children with September birthdays got to cut a cake and celebrate their special day surrounded by their new friends. Their faces lit up with pure happiness as they received thoughtful birthday gifts.

As a token of care and support, each child was given a school bag packed with stationery and water bottles—gifts meant to encourage both their education and their resilience as they continue their brave fight.

This day was more than just fun and games; it was a powerful reminder of the strength, courage, and joy these little warriors carry within them, even during tough times.





Swasth Mahila Swasth Bharat: Empowering Women, One District at a Time

In collaboration with Xiaomi India, the Swasth Mahila Swasth Bharat project is making a life-changing difference in 15 districts across 15 states by raising breast cancer awareness and offering screenings. Here's a glimpse of the impact we're making in each district:

- **Nuh, Haryana:** In this vibrant community, we've connected with 628 women, providing crucial breast health education. Screening has begun, with over 261 women already taking a step towards early diagnosis.
- **Moga, Punjab:** The spirit of resilience is alive here, with 492 women educated on breast cancer, and over 306 already screened. Moga is becoming a shining example of the power of awareness.
- **Baran, Rajasthan:** Energy is high in Baran, where we've reached 1,341 women with breast health education. Over 188 women have been screened, and the district is proving that awareness paired with action can truly save lives.
- **Guna, Madhya Pradesh:** In Guna, we're gearing up to launch extensive awareness campaigns, with offline training scheduled to equip our team for impactful screenings that will change lives in this region.
- **Dahod, Gujarat:** Anticipation is building as we prepare to bring awareness and screenings to this district. With training set for this month, we're on the verge of creating lasting change here.
- **Udham Singh Nagar, Uttarakhand:** Over 2,088 women have already been empowered through awareness sessions, and with 478+ women screened, Udham Singh Nagar is setting an example of what education and action can accomplish.
- **Bahraich, Uttar Pradesh:** We've reached 1,170 women, arming them with life-saving knowledge about breast cancer prevention. Screening drives have already impacted over 267 women, showcasing the ripple effect of early detection.



- **Osmanabad, Maharashtra:** Preparations are underway, with training scheduled this month to kick-start awareness and screening efforts in this district. Osmanabad is ready to join the fight against breast cancer.
- **Kalaburagi, Karnataka:** Offline training is planned for this month to equip our team, who will soon begin spreading knowledge and offering screenings to the women of Kalaburagi.
- **Visakhapatnam, Andhra Pradesh:** In Visakhapatnam, 808 women have been educated, and over 222 women screened. The district is making significant strides in advocating for early detection.
- **Khammam, Telangana:** Leading the charge, Khammam has empowered 2,216 women and screened 336+ individuals. The district is an inspiring example of how communities can unite to prioritize health.
- **Barpeta, Assam:** With training scheduled for this month, Barpeta will soon be at the forefront of breast cancer awareness and screening, ready to make a lasting impact.
- **Nadia, West Bengal:** Nadia is next, with offline training planned. Soon, we'll be reaching women across the district, ensuring that no one is left behind in the fight against breast cancer.
- **Virudhunagar, Tamil Nadu:** With 220 women already educated, Virudhunagar is gearing up for screenings, empowering every woman to take charge of her health.
- **Wayanad, Kerala:** In the beautiful hills of Wayanad, we've educated 496 women, with 73+ screened. This district is proof of the power of community-driven health initiatives.

Together with Xiaomi India, we are transforming lives one district at a time, empowering women to prioritize their health. The Swasth Mahila Swasth Bharat journey is ongoing, and every step brings us closer to a future where early detection saves lives.



Survivor Story

My son's name is Oliver and we are from Jhansi. He is 11 years old. A few months ago, our world turned upside down when Oliver started complaining of severe pain in his leg. As a parent, you always fear the worst but hope it's something minor. However, after visiting the doctor and undergoing several tests, including a biopsy, we received devastating news—Oliver was diagnosed with Ewing sarcoma, a rare type of cancer that affects the bones.

As a mother, hearing the word 'cancer' connected to your child shakes your very soul. We felt lost, scared, and overwhelmed. We knew we had to fight, but it was hard to see how we would manage everything—both emotionally and financially. Our journey for treatment began at RGCI Hospital in Rohini, Delhi, where we have been receiving care for the past 5 to 6 months. The doctors and nurses have been a huge support, and we've seen Oliver's courage shine through every treatment session, every test, and every challenge.

However, despite the hospital's efforts, we were faced with another daunting obstacle—funding. The cost of cancer treatment is enormous, and we were struggling to make ends meet. It was during this difficult time that we learned about YouWeCan, Yuvraj Singh's foundation, through the hospital. They have been a beacon of hope for us. With their assistance, we were able to continue Oliver's treatment without worrying about the financial burden. I cannot express in words how much this support has meant to us.

I want to extend my deepest gratitude to YouWeCan the Yuvraj Singh Foundation, and Yuvraj Singh himself. Their generosity has given Oliver the chance to continue his treatment and has brought hope back into our lives. We will always be grateful for the help we received and for the love and support that surrounded us during these trying times.



Oliver



YouWeFan

Whether you're enchanted by his explosive batting, mesmerized by his impeccable fielding, or inspired by his indomitable spirit, this fan page is the perfect hub for celebrating the remarkable journey of one of the game's most iconic players.

Straight from D Prasanna's Heart!

Please introduce yourself:

Name: DODDI PRASANNA KUMAR

Age: 34

Location: Nizamabad

Occupation: Postal Department

1. Which is your most memorable Yuvi's moment?

His winning shot of four runs v/s Brett Lee in 2011 quarterfinal match.

2. What are the first 3 words that come to your mind when you hear "Yuvraj Singh" ?

- Never Give Up

3. What is the most interesting fact that you know about Yuvraj Singh, that others may not know?

He is a Golden hearted person.

4. What's something you would love to ask Yuvraj Singh when you meet him ?

Can I hug you brother ?

5. If Yuvraj Singh had a superpower, what do you think that would be ?

If Yuvraj Singh had superpower he would have saved people from danger health issues like cancer, heart attacks and major health issues.

6. Apart from the work already being done at YouWeCan, what other innovation would you like to see ?

I really want to Food distributions initiatives in every state and district of India.

7. What is the one message you'd like to give Yuvraj Singh ?

Thank you for your great performance in 2007 & 2011 world cup.



Quiz Whiz

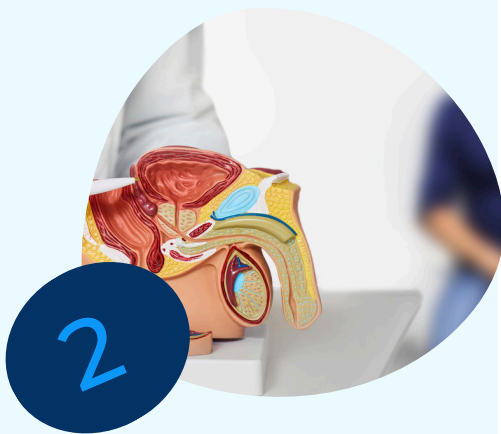
In which month is Prostate Cancer Awareness Month observed worldwide?

- A. January
- B. September
- C. March
- D. December



Prostate cancer primarily affects which age group in men in India?

- A. 20-30 years
- B. 50-70 years
- C. 40-50 years
- D. 70 years & above



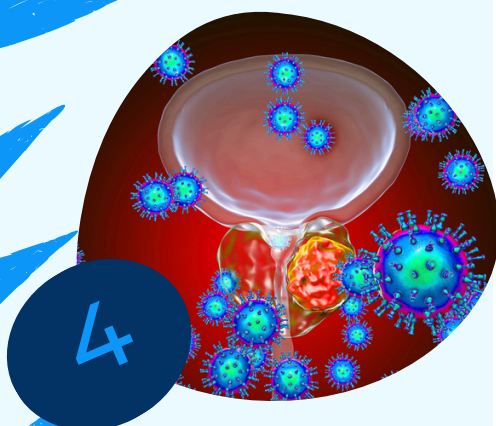
What is the most common risk factor associated with prostate cancer?

- A. Smoking
- B. High Blood Pressure
- C. Age
- D. Exposure to radiation



Which of the following is a recommended screening method for prostate cancer in India?

- A. MRI Scan
- B. PSA (Prostate-Specific Antigen) test
- C. X-Ray
- D. BP Check





Myth Busters

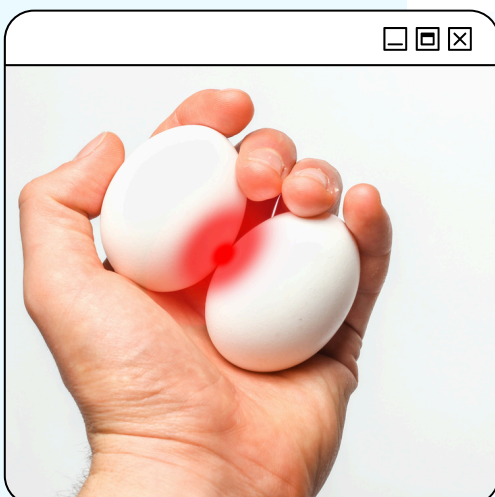
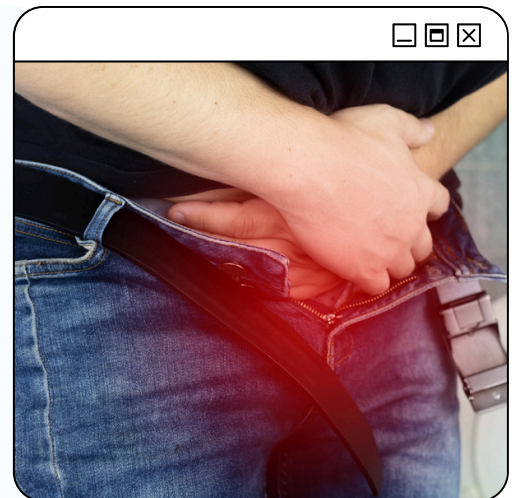


Myth 1: Prostate cancer only affects older men.

Fact: While prostate cancer is more common in men over 50, younger men can also be diagnosed with it. Regular screening is important, especially if there's a family history of the disease.

Myth 2: If you don't have symptoms, you don't have prostate cancer.

Fact: Prostate cancer can be asymptomatic in its early stages. Many men are diagnosed through routine screenings like the PSA test before they experience any symptoms.



Myth 3: Prostate cancer always grows quickly and is fatal.

Fact: Prostate cancer can grow at different rates. Some types grow slowly and may not require immediate treatment, while others are more aggressive. Early detection and proper medical guidance can lead to effective treatment.

UPCOMING EVENTS

Breast cancer screening for Xiaomi India employees at four locations.



Content and Design Team:

Poonam Nanda

Saket Saurabh

Manan Monga

Divya Singh

Mukul Sethi

Dr. Bhavika Chawla

Dr. Tanvi Yadav

Become a YWC Volunteer

Be a part of YouWeCan Times.
Write to us at info@youwecan.org

Follow us on

