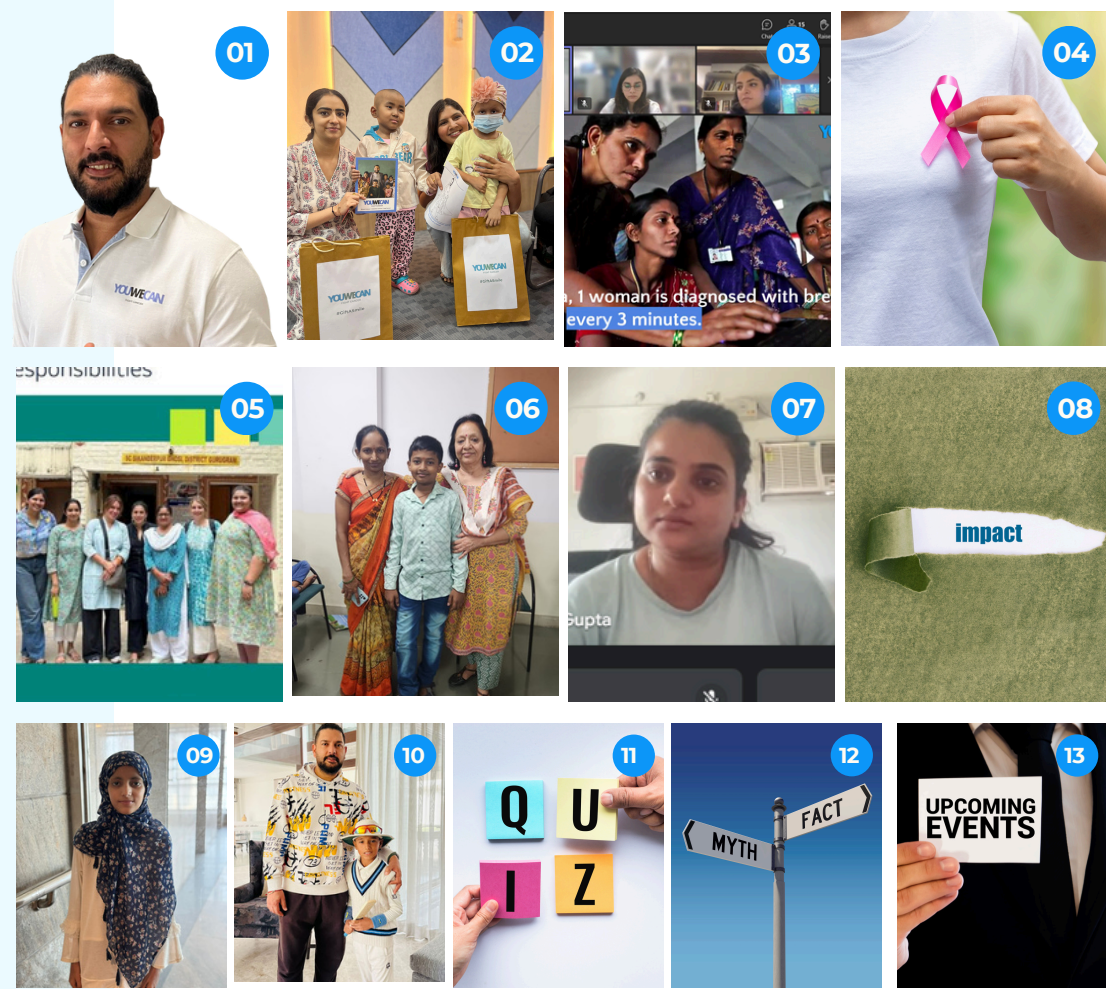




**OUR FIGHT AGAINST CANCER TODAY  
WILL PROTECT EVERY  
CHILD'S TOMORROW**

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# Words of Encouragement

In this April edition of our newsletter, I am thrilled to reflect on the incredible journey we have embarked upon together. The Yuvraj Singh Foundation's achievements are glowing examples of what we can accomplish with unwavering support and shared dedication. From bringing smiles to the faces of children battling cancer, to empowering women through vital breast cancer screenings, and forging global health partnerships, each initiative speaks volumes about the power of collective effort.

Let us maintain this spirit of resilience and teamwork, and keep pushing for impactful, positive changes in the lives of many. By uniting our strengths, we don't just aid those in immediate need but also build a lasting legacy of health and wellness that ripples through communities around the world.

*Yuvraj Singh*

These efforts do more than save lives—they ignite a beacon of hope and weave a tapestry of care and communal support. As we move forward, let us continue to challenge the limits of what we believe is possible and strive for a brighter, healthier tomorrow.

I am profoundly grateful for each and every one of you who has stood by us. Your participation, advocacy, and support fuel our mission and enable transformative changes. Together, we have demonstrated that no obstacle is too formidable when we stand united.

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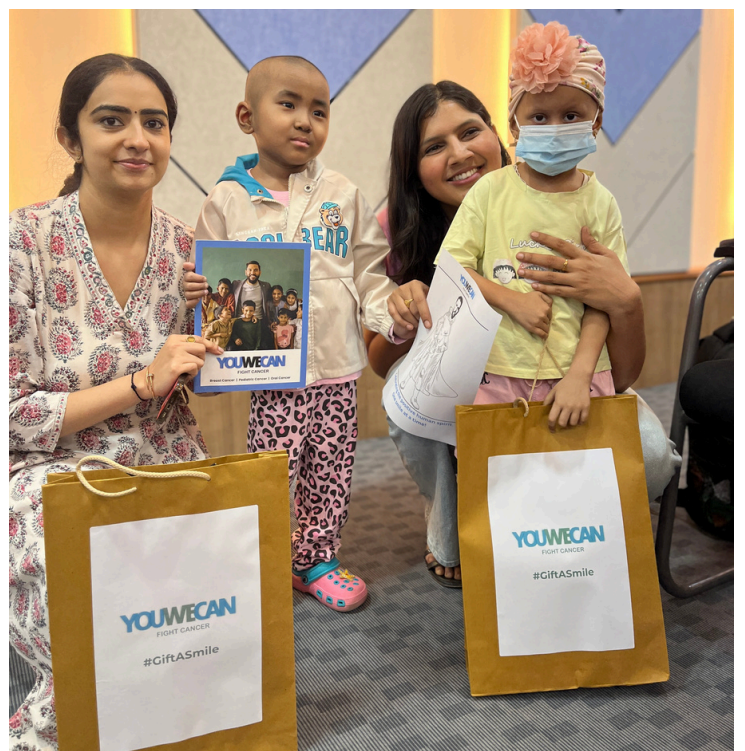


# Bringing Hope and Happiness: Yuvraj Singh Foundation Spreads Joy to Children Battling Cancer

The collaboration between Yuvraj Singh Foundation and the Rajiv Gandhi Cancer Institute underscores a community-oriented approach to healthcare. These awareness sessions, alongside hygiene kit distributions, are essential in not only addressing immediate health needs but also in instilling a sense of normalcy and joy in the lives of these young patients and their families.

The Yuvraj Singh Foundation, in collaboration with the Rajiv Gandhi Cancer Institute in Rohini, conducted an awareness session on oral hygiene, hand hygiene, and nutrition for children undergoing cancer treatment, as well as for their caregivers. The session was highly interactive and informative. After the awareness session, there were fun games and activities for the children to create a cheerful and stress-free environment during their hospital visit.

We also distributed hygiene kits and gift sets to the children. Seeing the smiles on the faces of the children and their parents, we were reminded of the power of positivity and happiness, even during challenging times.





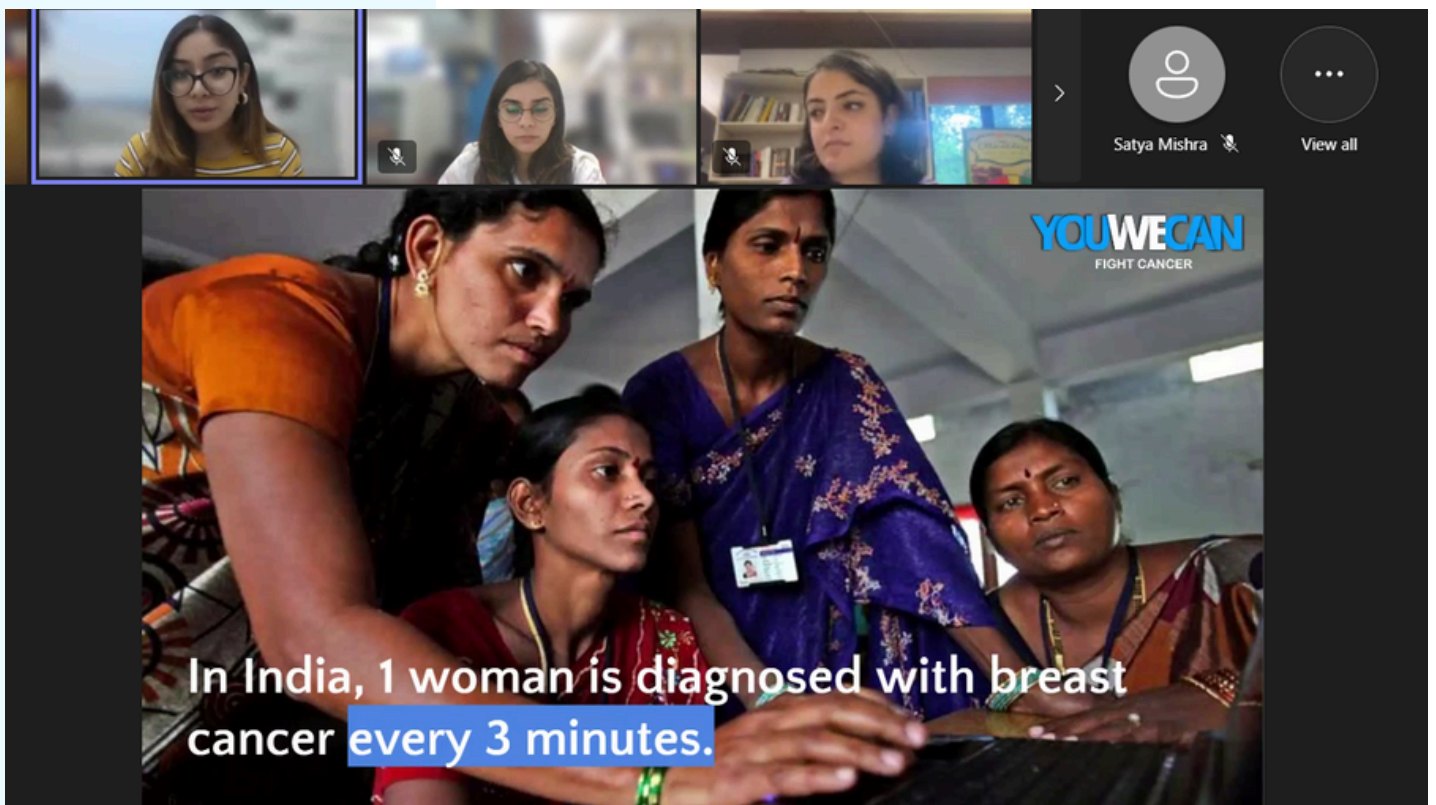
# Yuvraj Singh Foundation Joins Forces with Bloomsbury Publishing to Spark a Virtual Revolution in Breast Cancer Awareness

This partnership leverages digital platforms to enhance accessibility to critical health information. The use of virtual sessions allows for a wider dissemination of knowledge and can significantly impact women's health outcomes across socio-economic strata. It highlights the power of media and information technology in revolutionizing health education and outreach.

The Yuvraj Singh Foundation recently collaborated with Bloomsbury Publishing India Pvt. Ltd. to conduct a virtual breast cancer awareness session. This initiative is particularly significant as breast cancer is on the rise among urban women. The session aimed to educate and empower women by highlighting the importance of regular screenings and monthly self-breast examinations.

Participants in the session were informed about the initial indicators and symptoms of breast cancer, highlighting the significance of early detection for improved treatment results.

Additionally, the session focused on the significance of monthly self-breast examinations, empowering women to take charge of their own health and become more aware of any changes in their breasts. By promoting these practices, the Yuvraj Singh Foundation and Bloomsbury Publishing India Pvt. Ltd. are contributing to the fight against breast cancer and raising awareness about the importance of early detection and proactive healthcare practices among women.



# Empowering Women: Breast Cancer Screening Camp Reaches Across Cities, Saving Lives and Spreading Hope

The reach of the Breast Cancer Screening Camp across major Indian cities is a testament to the Foundation's commitment to health equity. These screenings are critical as they provide a gateway for early intervention, which can be pivotal for treatment success. The campaign not only provides medical screenings but also educates women on the importance of early detection and ongoing self-care.

During our recent Breast Cancer Screening Camp, we organized screenings for women at Canon offices in Kolkata, Kochi, Chennai, Pune, and Hyderabad. Due to the relatively low number of participants, the screenings were conducted at clinics in these respective states, demonstrating a concerted effort to reach women from diverse geographical locations. This flexibility ensured that women could still access vital screening services even if they couldn't attend the camp directly, underscoring our organization's commitment to making these services as accessible as possible.

Emphasizing early detection is crucial in combating breast cancer, especially given the increasing incidence of the disease among urban women. By identifying cancer in its early stages, treatment outcomes and survival rates are significantly improved. This initiative not only provided screenings but also empowered women with knowledge about their health, enabling them to take proactive steps toward their well-being.

Moreover, initiatives like this do more than just save lives; they foster a culture of wellness and awareness within the community. By promoting regular screenings and raising awareness, the camp contributes to a broader movement of health consciousness, encouraging women to prioritize their health and well-being.





# Uniting for Global Health: MSD Richard T. Clark Fellowship Launches 2024 Program with YouWeCan, Focusing on Breast Cancer Awareness and Advocacy

The MSD Richard T. Clark Fellowship, in partnership with YouWeCan, is a pioneering initiative designed to leverage corporate resources for societal benefit. These collaborations are crucial as they bring together expertise and resources from various sectors to tackle global health challenges, particularly in underrepresented and vulnerable populations.

We are thrilled to announce the commencement of the MSD Richard T. Clark Fellowship for Global Health (MSD RTC Fellowship), a transformative three-month corporate pro bono program. This initiative empowers MSD fellows to utilize their skills and expertise in meaningful projects that contribute to the expansion of health access worldwide.

This year marks the second collaboration between YouWeCan (YWC) and the MSD Fellowship program.

In the previous year, YouWeCan partnered with MSD Fellows to design a comprehensive Oral Cancer awareness and screening project. Building on this success, YWC and MSD fellows are joining forces again to develop a Breast Cancer awareness and advocacy project. On April 24th, we held an impactful kick-off call with MSD and their other partner NGOs from around the globe, setting the stage for collaborative efforts aimed at advancing global health.

## Field visit guidance – NGO vs. Fellow / MSD responsibilities

### NGO logistical and financial responsibilities:

- Plan a three-week field visit itinerary
- Book the items below using the allotment of grant funds provided by the Fellowship grant:
  - Travel for your organization's main point of contact to meet Fellows
  - A hotel / accommodation for your organization's main point of contact
  - Project-related ground transportation

### MSD/Fellow logistical and financial responsibilities:

- Fellows will book their own hotels
- Fellows' air travel and meals are covered by MSD directly
- Fellows are responsible for securing visas (if needed) to enter the destination country - we asked you to please share any visa requirements necessary for Fellows in the Fact Pack



# Ensuring the Well Being of Our Beneficiaries

An extremely heart warming interaction took place at Bharati Vidyapeeth Hospital Pune on 25th April, 2024 where 12 children supported by the Foundation were invited to interact with our trustee and Chief Mentor, Mrs. Poonam Nanda.

The hospital authorities expressed their gratitude for the timely help received for the children. Some parents too came up to share their experience with the Foundation. They were specially overwhelmed with the personal involvement of members of the foundation who have regularly followed up with the patients and their families.

The event with some fun and games to liven up the day. The gift distribution by YouWeCan was a highlight which had all the children excited and happy.





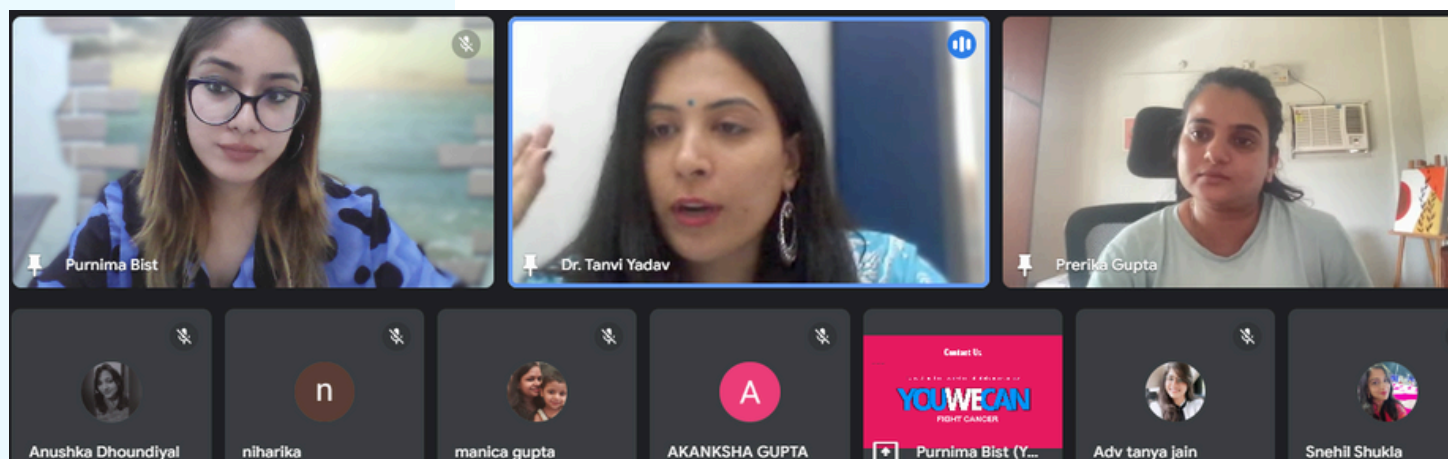
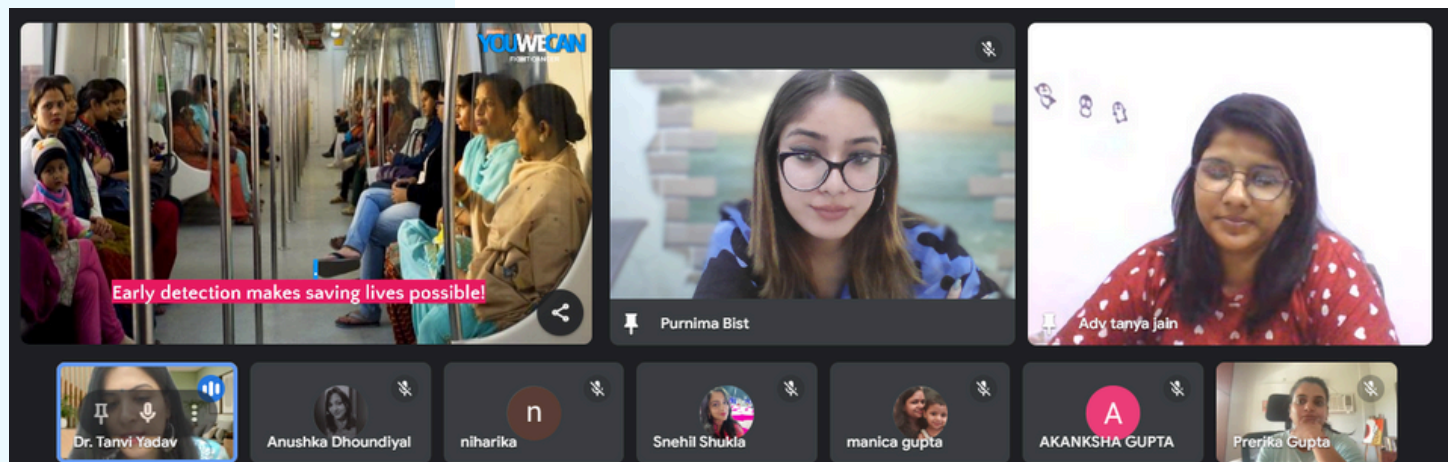
# Phool's Breast Cancer Awareness Session Dispels Myths and Inspires Change Through Personal Stories and Interactive Discussions

The session conducted by Phool addresses widespread myths about breast cancer, equipping participants with the facts needed to combat misinformation. These educational efforts are vital for community health empowerment, helping to change the narrative around breast cancer and encouraging proactive health management.

In a dynamic session on breast cancer awareness, a collective of women named Phool, shattered misconceptions and ignited conversations. Through interactive discussions and personal anecdotes, myths surrounding the disease were swiftly debunked, leaving attendees armed with vital knowledge and a renewed sense of empowerment.

From dispelling the notion that breast cancer only affects women to addressing misconceptions about its causes and risk factors, every myth was met head-on with evidence-based information. Survivor stories added a poignant touch, inspiring action and fostering a sense of solidarity.

By the session's end, participants departed with a new found clarity and determination. Empowered to take charge of their health and support others, they left equipped to make informed decisions and drive positive change in their communities.



# Our Impact (Till Date)



**4,00,000+**  
PEOPLE SCREENED FOR  
DIFFERENT TYPES OF CANCER



**650+**  
CANCER SURVIVORS SUPPORTED  
FOR EDUCATION SCHOLARSHIP



**1,25,000+**  
STUDENTS SENSITIZED  
THROUGH ANTI-TOBACCO  
WORKSHOPS



**1020**  
CRITICAL CARE BEDS SETUP IN 14  
HOSPITALS ACROSS 11 STATES



**1,11,000+**  
WOMEN SCREENED FOR  
BREAST CANCER



**1 MILLION**  
HYGIENE KITS DISTRIBUTED



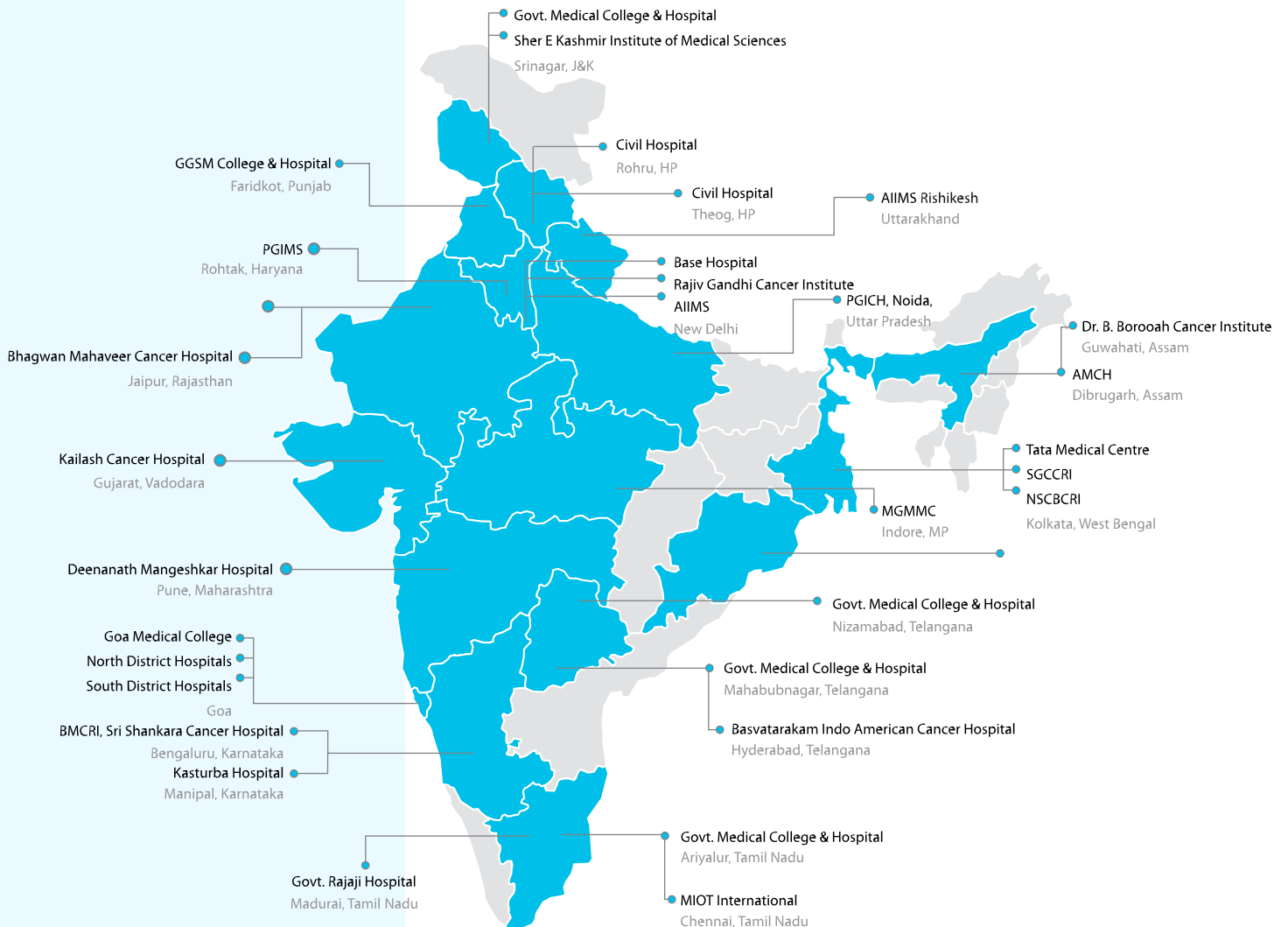
**24,000+**  
MEN COUNSELLED FOR  
TOBACCO CESSATION



**17,912**  
PPE KITS PROVIDED TO 8 HOSPITALS  
ACROSS 6 STATES



**340+**  
CHILDREN SUPPORTED  
FOR CANCER TREATMENT





# Survivor Story

My name is Tabassum, and my beloved daughter, Fiha, has been waging a courageous battle against blood cancer. In the midst of our darkest days, amidst the whirlwind of treatments and uncertainty, we found a ray of hope through the unwavering support of Yuvraj Singh and his foundation.

Fiha, a bright and spirited student, adores going to school and possesses an insatiable love for learning. However, our lives took an unexpected turn when Fiha was diagnosed with blood cancer. The news struck like lightning, leaving us reeling with shock and disbelief. As a mother, the thought of my daughter enduring such pain and uncertainty was utterly heartbreaking.

Our journey through Fiha's diagnosis and treatment has been filled with countless challenges. Five months ago, Fiha embarked on her chemotherapy journey after the discovery of a tumor. The road ahead seemed daunting and uncertain, with medical expenses looming over us like a dark cloud.

It was during this time of desperation that someone suggested we reach out to Yuvraj Singh and his foundation. From the moment we connected with them, their compassion and support have been nothing short of miraculous. Yuvraj Singh and his foundation not only provided crucial financial assistance for Fiha's medical expenses but also offered invaluable emotional support and guidance.

Their assistance lifted a significant burden from our shoulders, allowing us to focus on Fiha's treatment and well-being. Their dedication to making a positive impact in the lives of cancer patients and their families is truly commendable. Through their generosity, they have become beacons of hope in our darkest hours.

With each chemo session, Fiha's resilience shines brighter, fueled by the love and support we have received from Yuvraj Singh and his foundation. As a mother, I am filled with immense gratitude for their kindness and compassion. Their impact extends far beyond the realm of healthcare; they are symbols of hope, illuminating the path for those navigating the darkness of cancer.



## Fiha



# YouWeFan

Whether you're enchanted by his explosive batting, mesmerized by his impeccable fielding, or inspired by his indomitable spirit, this fan page is the perfect hub for celebrating the remarkable journey of one of the game's most iconic players.

## Straight from Lavanya Vashisth 's Heart!

**Please introduce yourself:**

**Name:** Lavanya Vashisth

**Age:** 10

**Location:** Panchkula, Haryana

**Occupation:** Student & Cricketer

**1. Which is your most memorable Yuvi's moment?**

His six sixes in one over to Stuart Broad.

**2. What are the first 3 words that come to your mind when you hear "Yuvraj Singh" ?**

- Sixes
- Fielding
- World Cup

**3. What is the most interesting fact that you know about Yuvraj Singh, that others may not know?**

He was the champion of U - 14 National Roller Skates Championship. He has very big hands, he put his hand on my shoulder, I was about to fall.

**4. What's something you would love to ask Yuvraj Singh when you meet him ?**

I would love to ask him how did you feel when you hit 6 sixes in a single over and what motivated you to keep playing cricket even when you were suffering from cancer.

**5. If Yuvraj Singh had a superpower, what do you think that would be ?**

He doesn't need any superpower as in my opinion he is already a superman.

**6. Apart from the work already being done at YouWeCan, what other innovation would you like to see ?**

I don't know much about it, but I would support YouWeCan when I grow up..

**7. What is the one message you'd like to give Yuvraj Singh ?**

I want to thank him for his great efforts during the world cup 2011 while suffering from cancer.



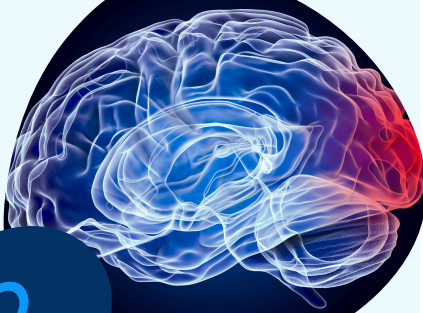
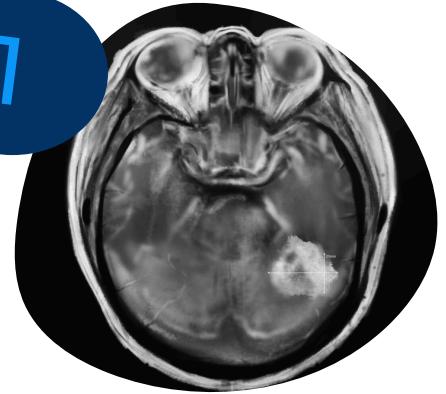


# Quiz Whiz

What is the most common type of primary brain tumor?

- A. Meningioma      C. Glioblastoma  
B. Medulloblastoma      D. Astrocytoma

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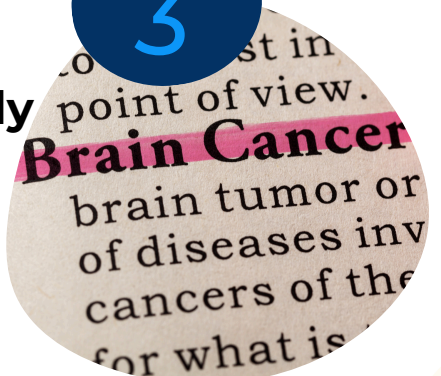
Which of the following is NOT a symptom of brain cancer?

- A. Severe headaches      C. Blurred vision  
B. Unexplained weight gain      D. Seizures

Which part of the brain controls voluntary movement and is commonly affected by brain tumors?

- A. Cerebellum      C. Frontal lobe  
B. Temporal lobe      D. Occipital lobe

3



Which type of brain cancer originates from the cells that line the ventricles or the central canal of the spinal cord?

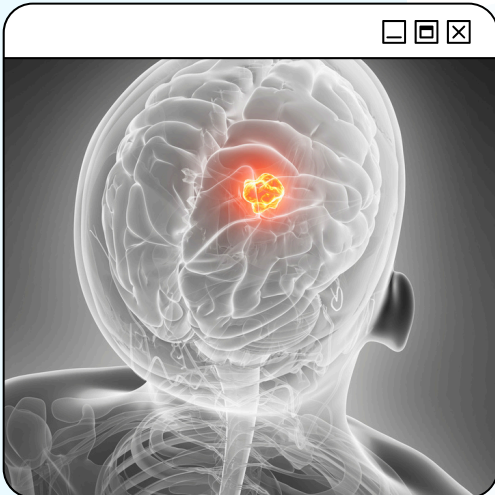
- A. Astrocytoma      C. Ependymoma  
B. Oligodendroglioma      D. Craniopharyngioma

4





# Myth Busters

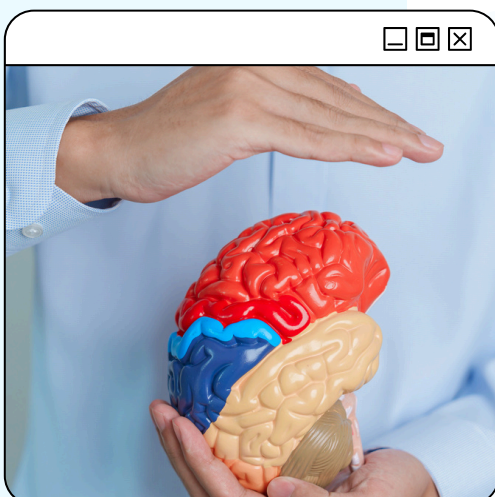


## Myth 1: Brain cancer always leads to severe disability or death.

**Fact:** Survival rates and outcomes vary depending on the type and stage of brain cancer, as well as individual factors. Some people respond well to treatment and can lead fulfilling lives.

## Myth 2: Cell phones cause brain cancer.

**Fact:** Extensive research has not found a consistent link between cell phone use and brain cancer. The radiofrequency energy emitted by cell phones is considered unlikely to cause cancer.



## Myth 3: Once brain cancer is treated, it will never come back.

**Fact:** Brain cancer can recur even after successful treatment. Regular follow-up appointments and monitoring are essential to detect any recurrence early and initiate appropriate treatment.



# UPCOMING EVENTS

**Collaborations  
with Citi Group  
and Team  
Computers  
for Breast Cancer  
Awareness  
Session**




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**Content and Design  
Team:**

Poonam Nanda  
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Divya Singh  
Mukul Sethi  
Dr. Bhavika Chawla  
Dr. Tanvi Yadav  
Mohammad Arsalan

**Join as YWC Volunteers**

**Be a part of YouWeCan Times.**  
Write to us at [info@youwecan.org](mailto:info@youwecan.org)

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