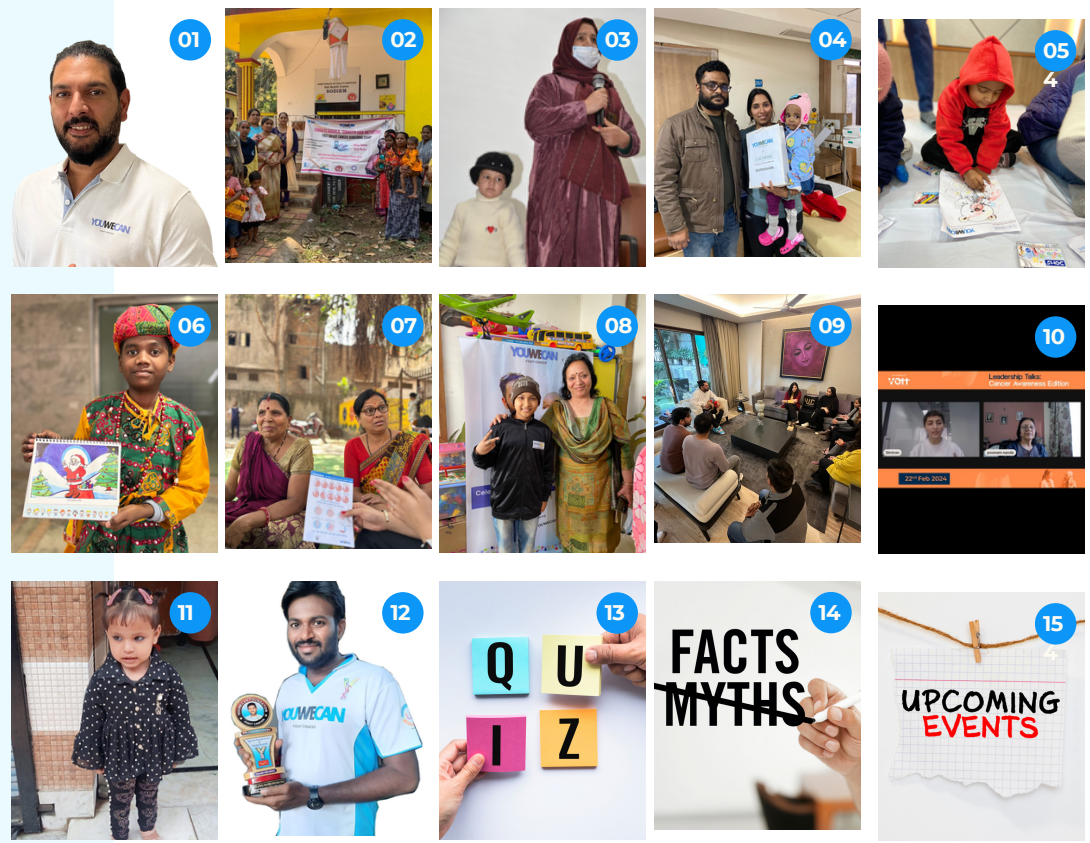




**ONE TEAM,
ONE DREAM**

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Words of Encouragement

Our collaborative efforts with hospitals and corporates have been instrumental in the success of initiatives like the "Swasth Mahila Swasth Goa," where we've nearly reached our goal of screening 110,000 women for breast abnormalities.

As I sit down to pen this editorial for our cherished "YouWeCan Times," my heart is filled with gratitude and admiration for each of you.

Our collaborative efforts with hospitals and corporates have been instrumental in the success of initiatives like the "Swasth Mahila Swasth Goa," where we've nearly reached our goal of screening 110,000 women for breast abnormalities. This initiative alone exemplifies the power of early detection and the critical impact of our work.

Meanwhile, events such as the International Childhood Cancer Day celebrations and the heartening "Gift a Smile" program have not only brought joy to many faces but have also highlighted the essence of unity and compassion in our fight against cancer.

Looking ahead, the coming months are brimming with potential. We are poised to launch more activities that promise to deepen our impact and extend our reach. These plans include expanding our collaborative efforts with hospitals and corporates, furthering our mission to combat cancer on all fronts.

Together, we have created a beacon of hope for countless individuals and families affected by cancer. Let us continue this noble journey with renewed vigor, embracing the challenges and opportunities that lie ahead. Our collective efforts are a testament to what we can achieve when we stand united in our mission.

Thank you for being an integral part of this journey. Here's to making even more significant strides in the months to come!

With heartfelt gratitude,

Yuvraj Singh



Hope in Action: Saving Lives and Empowering Women Through Swasth Mahila Swasth Goa Initiative

In Goa, the Swasth Mahila Swasth Goa initiative, led by YouWeCan, is revolutionizing women's healthcare. Since its launch on October 26, 2021, the project has been dedicated to screening 110,000 women across the state to improve early detection and treatment of breast abnormalities. With over 105,000+ women already screened, the initiative is well on its way to reaching its goal. Out of these screenings, 2,111 women were identified as suspects, prompting further investigation into potential breast tissue abnormalities. While this news can be concerning, it highlights the importance of early detection in combating breast cancer.

Through thorough examination, 55 confirmed cases of breast cancer have been diagnosed among the suspects, emphasizing the necessity of proactive healthcare initiatives. Despite these challenges, the initiative remains a source of hope, with 52 women currently undergoing treatment for breast cancer, demonstrating their resilience and determination. Beyond the numbers, this initiative showcases the power of community support and empowerment in facing adversity. As the Swasth Mahila Swasth Goa initiative approaches its conclusion in March 2024, its impact will continue to resonate, underscoring the importance of early intervention and collaborative efforts in ensuring the well-being of women throughout the region.



Shining Hope: Embracing Courage and Unity on International Childhood Cancer Day

Joining the commemoration of International Childhood Cancer Day, we stood in solidarity at the Sher-E-Kashmir Institute of Medical Science. Welcoming our scholarship beneficiaries, we extended support by distributing meal boxes to attending patients. The hospital orchestrated engaging activities, fostering a spirit of resilience. Amidst heartfelt moments, survivors took center stage, offering words of encouragement to children and their families, igniting rays of hope. Together, we celebrated strength, unity, and the unwavering spirit of those battling childhood cancer. Let's continue spreading love and support, affirming our commitment to brighter tomorrows for all.



Bringing Magic and Joy: Spreading Love to Pediatric Cancer Patients at Rajiv Gandhi Cancer Institute

Under our Gift a Smile program, a heartwarming event unfolded at Rajiv Gandhi Cancer Institute, Rohini, in collaboration with Sunrise, our esteemed CSR partner. Amidst the embrace of joy, pediatric cancer patients, including our cherished beneficiaries, reveled in engaging activities, filling the air with laughter.

A mesmerizing magic show captivated the children, sparking gleeful smiles. As tokens of love, gifts were shared, fostering moments of happiness and hope. Together, we painted a canvas of warmth and compassion, illuminating the path with joy for these brave young souls in their journey against cancer.



Uniting Hearts: Honoring Partnerships in the Fight Against Pediatric Cancer at RGC I Event

RGC I orchestrated a transformative event, 'Bridging the Gap: Fostering Collaborations for Cancer Care,' on February 9th, 2024.

As honored NGO partners, we were humbled to be recognized for our steadfast support of pediatric cancer patients. The gathering also welcomed numerous fellow NGO and CSR partners, uniting us in our shared mission. It was a profound opportunity to forge meaningful connections, exchange insights, and strengthen our collective resolve to combat cancer.

Together, we stand poised to make a lasting impact, bridging gaps and fostering hope for a brighter future in the fight against cancer.



Radiant Resilience: Celebrating Hope and Healing with Yuvraj Singh Foundation at PGICH Event

PGICH radiated warmth on International Childhood Cancer Day, welcoming the Yuvraj Singh Foundation to witness the resilience of children battling cancer and celebrating survivors' indomitable spirit. The event sparkled with a heartwarming dance performance by adorable survivors, igniting hope and joy. Graced with gratitude, we were humbled to be acknowledged for our support, having assisted over 50 children through their treatment journey. This touching gesture reinforces our commitment to stand beside these brave warriors, offering solace, strength, and unwavering support. Together, let's continue to spread love and light, illuminating the path towards healing and happiness.



Hope Blooms: Saving Lives and Empowering Women Through Breast Cancer Screening in Indore

We, in collaboration with Arth Sangini, an NGO dedicated to women's empowerment, recently organized a breast cancer screening camp in Indore. The camp aimed to raise awareness about breast cancer and provide free screenings to women in the community. The event was met with enthusiasm, as women in Indore showed a keen interest in their health.

During the camp, several women were screened, and fortunately, no suspects were found. This is a testament to the importance of early detection and regular screenings in combating breast cancer. The camp not only provided crucial health services but also served as a platform for educating women about the importance of self-care and regular check-ups.

The successful collaboration between us and Arth Sangini underscores the impact of community-driven initiatives in promoting health and well-being. It also highlights the power of partnerships in addressing critical health issues and empowering women to take charge of their health.

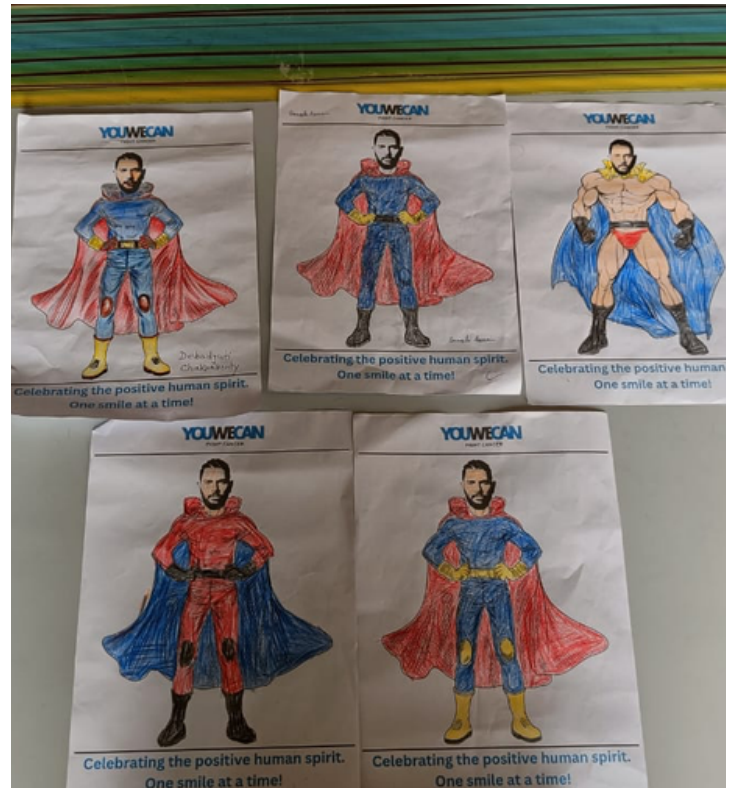


Beyond Boundaries: Spreading wings to the Eastern Belt

YouWeCan with a mission to expand its reach with a maiden effort in the bustling city of Calcutta had collaboration with the esteemed Tata Memorial Hospital. YouWeCan's team of volunteers organized a fun event to bring joy to the children undergoing treatment there.

The event buzzed with laughter and creativity as the children engaged in drawing and coloring activities. They were gifted colorful bags filled with stationery and other goodies, adding to the happy atmosphere. The hospital authorities were thrilled with the initiative, expressing their appreciation for the effort to uplift the children's spirits.

Looking forward, YouWeCan is excited to continue working together with the hospital to bring more smiles and laughter to the children's lives. This successful event marks the beginning of a fruitful partnership, emphasizing the power of community and collaboration in spreading joy.



Unifying Forces: Yuvraj Singh Inspires Team Towards Collective Impact!

Embrace the Power of Collective Vision!

In a truly uplifting convergence today, our team, spanning across India, united both physically and virtually for a remarkable gathering with our esteemed founder, Yuvraj Singh, and chairperson, Shabnam Singh.

This intimate yet impactful exchange provided a platform to celebrate our achievements in ongoing projects and align with the visionary direction set by our founder for the foundation's future.

Beyond mere dialogue, it was a stirring catalyst for motivation, reigniting our dedication to our noble cause. Together, we reaffirmed the transformative potential of unity and shared aspirations in propelling meaningful change.

As we reflect on this inspiring session, let's carry forward its spirit of collaboration and determination. Here's to the countless more inspiring interactions that lie ahead, igniting our passion and driving us towards a brighter tomorrow!

Stay tuned for more updates and let's continue making a difference together!



Survivor's Voice: YWC's Chief Mentor Mrs. Poonam Nanda inspires Hope and Action Against Cancer at VOH Panel

Voice of Healthcare (VOH) hosted an insightful panel discussion on February 22nd, spotlighting the pressing issue of cancer. Among the esteemed panelists was Mrs. Poonam Nanda, the Trustee and Chief Mentor of YouWeCan, who brought a unique blend of expertise and personal experience to the conversation. This session, part of a larger series dedicated to examining cancer control in India, provided Mrs. Nanda with a platform to discuss YouWeCan's multifaceted approach in addressing this complex health challenge. Drawing from her own journey as a two-time breast cancer survivor, Mrs. Nanda offered a compelling perspective on the challenges faced by those affected by cancer, underscoring the significance of early detection and comprehensive support systems.

Throughout the discussion, Mrs. Nanda outlined YouWeCan's initiatives aimed at raising awareness, facilitating early detection, and offering assistance to individuals and families impacted by cancer. By weaving personal insights with organizational strategies, she emphasized the urgent need for proactive measures in alleviating the burden of cancer in India. The well-conducted panel not only provided attendees with valuable information but also served as a poignant reminder of the resilience and solidarity within the cancer community.



Survivor Story

My daughter's name is Umam Fatima, and she is 4.5 years old. We hail from Bareilly. She was experiencing constant fever, so we consulted a doctor in Bareilly. The doctor advised that she needed proper treatment and suggested taking her to PGI Noida.

Amidst this trying time, we found a ray of hope in the form of the YWC Foundation, spearheaded by the compassionate efforts of Yuvraj Singh. Their unwavering support has been a lifeline for us. From the onset of Umam Fatima's treatment on August 3, 2023, to the present day, they have stood by our side, providing not just financial assistance but also emotional support.

The burden of medical expenses coupled with the challenges of sustaining our livelihoods has been overwhelming. However, the assistance from YWC Foundation has alleviated some of our worries, allowing us to focus solely on Umam Fatima's well-being. Their generosity has eased the financial strain, enabling us to pursue the necessary medical interventions without hesitation.

In expressing our gratitude to YWC Foundation and Yuvraj Singh, we are filled with profound appreciation for their selfless dedication to helping families like ours during times of adversity. Their kindness has not only impacted our lives but has also restored our faith in humanity. We remain forever indebted to their benevolent support, which has made a significant difference in our journey towards healing and hope.



Umam Fatima



YouWeFan

Whether you're enchanted by his explosive batting, mesmerized by his impeccable fielding, or inspired by his indomitable spirit, this fan page is the perfect hub for celebrating the remarkable journey of one of the game's most iconic players.

Straight from Satwik Rao Saineni's Heart!

Please introduce yourself:

Name: Satwik Rao Saineni

Age: 33

Location: Nizamabad, Telangana

Occupation: Private Employee & a volunteer at UV Helping Hands

1. Which is your most memorable Yuvi's moment?

I watched Yuvi hit 6 sixes in an over and watching him achieve the Player of the tournament award in the 2011 world cup. I was in the stadium when he hit 121 runs against Australia at Hyderabad in 2007. All these are very memorable for me.

2. What are the first 3 words that come to your mind when you hear "Yuvraj Singh" ?

- Never Give Up Attitude
- Dedication
- YouWeCan

3. What is the most interesting fact that you know about Yuvraj Singh, that others may not know?

Cancer spoiled Yuvi's career. Otherwise, he was all set to be in the top 5 all-time leading run scorers in ODI cricket.

4. What's something you would love to ask Yuvraj Singh when you meet him ?

You've shed blood for the country on the field. You deserved a farewell. Why did you not ask for a farewell match ?

5. If Yuvraj Singh had a superpower, what do you think that would be ?

Yuvi would be a genie – instilling loads and loads of motivation into millions of people to not to give up in life.

6. Apart from the work already being done at YouWeCan, what other innovation would you like to see ?

I want YouWeCan foundation to be involved in other paediatric diseases as well, to save more child lives.

7. What is the one message you'd like to give Yuvraj Singh ?

I shall remain a die-hard fan of Yuvi until my last breath. Yuvi is my idol. I just wish that he continues his amazing social service and motivate millions of people to not to give up. I am very proud of being a Yuvi fan.



Quiz Whiz

Which screening test is commonly used for early detection of colon cancer?

- A. Blood test
- B. MRI scan
- C. Colonoscopy
- D. X-ray

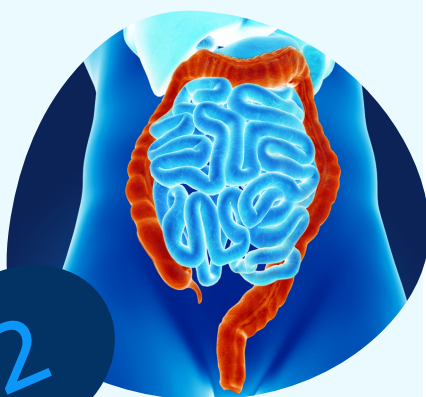
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What is the primary function of the colon?

- A. Digestion of proteins
- B. Absorption of nutrients
- C. Storage of waste
- D. Production of bile

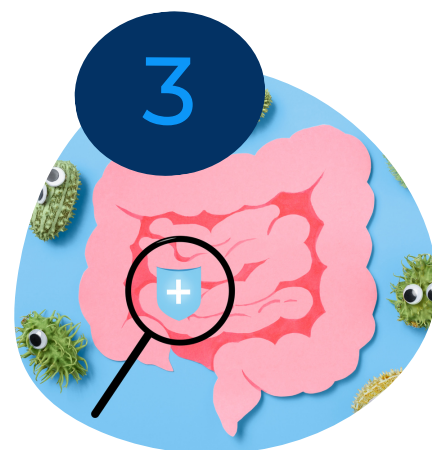
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Which of the following is a symptom of colon cancer?

- A. Chest pain
- B. Frequent urination
- C. Rectal bleeding
- D. Dry cough

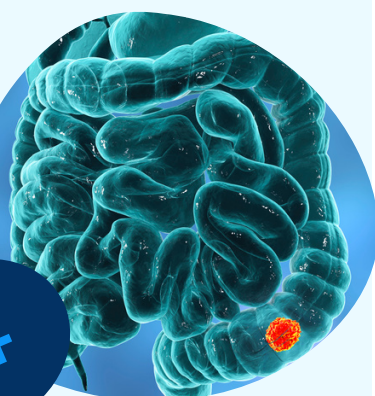
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What is the primary treatment option for localized colon cancer?

- A. Chemotherapy
- B. Radiation therapy
- C. Surgery
- D. Immunotherapy

4





Myth Busters

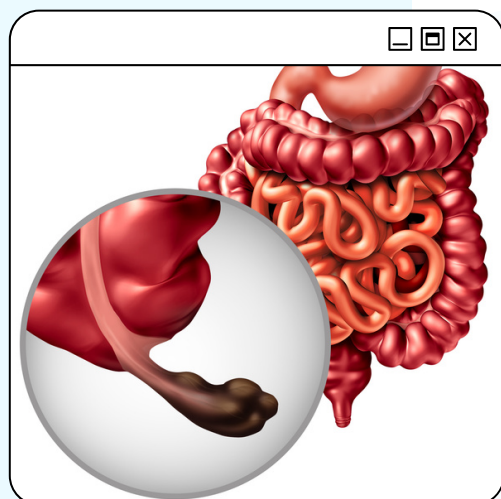
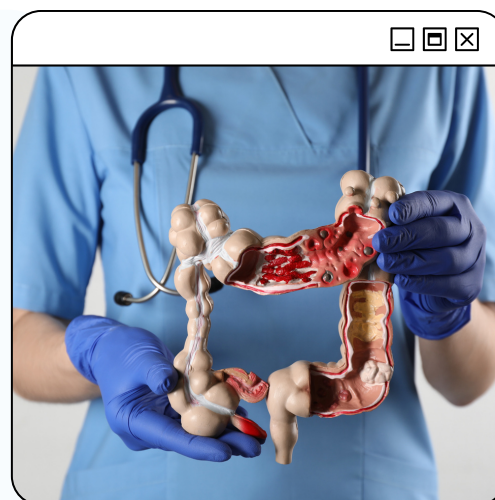


Myth 1: Only adults need to worry about colon cancer.

Fact: While the risk increases with age, young adults can also develop colon cancer. It's essential for individuals of all ages to be aware of the risk factors and symptoms.

Myth 2: If you don't have a family history of colon cancer, you won't get it.

Fact: While family history is a significant risk factor, many cases of colon cancer occur in individuals with no family history. Other lifestyle factors such as diet, exercise, and smoking can also contribute to the risk.



Myth 3: Colon cancer always causes noticeable symptoms.

Fact: Early-stage colon cancer often presents no symptoms, which is why regular screenings are crucial for early detection. Symptoms may only appear once cancer has advanced, highlighting the importance of proactive screening.

UPCOMING EVENTS

**Breast Cancer
Screening Camp
at Shivaji College,
University of
Delhi**

**Breast Cancer
Awareness
Session on IWD at
Gurgaon chapter
of ICSI**

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INTERNATIONAL WOMEN'S DAY

Target Audience- CS and other Professional

Day and Date	Timing	Venue
THURSDAY 7 March, 2024	02:00 P.M. TO 06:30 P.M. Followed by Hi-Tea	Ground Floor, Deenbandhu Sir Chotu Ram Bhawan, Jharsa Road, Behind Shiv Mandir, Sector-32, Gurugram-122002

CHIEF GUEST

Ms. Surinder Kaur
ACP, Gurugram

SPEAKER

 Smt. Sangita Das Assistant Director (HOS), Board of School Education Haryana, Bhiwani TOPIC Women Safety & Empowerment	 CS Preeti Pahwa Partner, eMinds Legal LLP TOPIC POSH
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TOPIC
Talk on Breast Cancer

Dr. Tanvi
Yuvraj Singh Foundation

TOPIC

Ms. Purnima Bist

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